# Rockingham/Harrisonburg Community Criminal Justice Board (CCJB)

# County Administration Center Conference A-C (Fire & Rescue Room) September 21, 2015 @ 4:00pm

# **Agenda**

I.	Open meeting – Chairman Cuevas
II.	Approve minutes dated February 23, 2015
III.	Discussion - Community Based Corrections Plan & Planning Study
IV.	Discussion and Recommendation - Day Reporting Center RFP
V.	Community Services Board Mental Health Services Update – Lacy Whitmore/Ellen Harrison
VI.	Report - Immediate Sanctions Program - Probation & Parole District 39
VII.	Report - Data System Update
VIII.	Report - Rockingham Regional Jail - Alternative Programs
IX.	Report - Middle River Regional Jail - Alternative Programs
X.	Report - Court Services - Work Program (LCP)
XI.	Update on sub-committee workgroup – Judge John Paul
XII.	Public Comment
	Adjournment

# Rockingham/Harrisonburg Community Criminal Justice Board (CCJB)

County Administration Center, Fire & Rescue Classroom February 23, 2015 @ 4:00p.m. Call to Order

#### **Meeting Minutes**

Board members present —

Marsha Garst — Commonwealth Attorney

Sheriff Bryan Hutcheson — Rockingham County and City of Harrisonburg

Judge Bruce D. Albertson — Circuit Court

Judge Richard Claybrook — General District Court

Pablo Cuevas — Rockingham County Board of Supervisor

Kai Degner — City of Harrisonburg Council Member

Joseph Paxton — County Administrator

Kurt Hodgen — City Manager

Louis Nagy — Defense Attorney

Don Driver - Department of Social Services

Lacy Whitmore — Community Services Board

Dr. Scott Kizner — Harrisonburg City School Superintendent

Lt. Sites for Chief Stephen Monticelli — Harrisonburg Police Department

Board Members Absent – Monica Martin – Chief Magistrate
Chief Lee Shifflett – James Madison University Public Safety
Chaz Evans-Haywood – Clerk of Circuit Court
Judge David O'Donnell – Juvenile & Domestic Relations
Dr. Carol Fenn – Rockingham County School Superintendent

Staff present - Ann Marie Freeman, Director Court Services Unit

Chairman Cuevas welcomed the Board members and community citizens to the informational meeting. He explained that the purpose of the meeting was to update the Board and public on what has transpired and where the process stands. He informed the group that there is no public hearing scheduled. Chairman Cuevas hopes citizens will continue to be interested in the jail alternatives and indicated a meeting will be scheduled later to receive public input.

Chairman Cuevas indicated some governmental jurisdictions have not officially approved the Resolutions to join the reconstituted Middle River Regional Jail Authority. He explained it will be important to allow the other member jurisdictions and the administration of the Middle River Regional Jail to participate in developing alternative programs on a regional basis, rather than just in Harrisonburg and Rockingham County.

Chairman Cuevas said the Honorable Judge John Paul, Chairman of the Task Force on Alternative Programming, that is gathering information and receiving input regarding alternative ways of dealing with incarceration, will provide an update to the Board. The Board will also hear from Faye McCauley

from Middle River Regional Jail. County Administrator Paxton and City Manager Hodgen will outline the negotiations that have occurred. Chairman Cuevas explained that the CCJB is technically an advisory board, not a board that makes laws, decisions, rules or regulations. The Board tries to provide input to the City and County on items dealing with courts and public safety in our communities.

Stan Macklin, a community member in the audience, indicated he wanted to appeal the decision not to permit public comment according to the proper rules of order. Another man in the audience seconded the appeal request.

Chairman Cuevas said the CCJB was structured to operate in this manner. Chairman Cuevas assumed the two men wanting to appeal were City residents and explained the proper procedure would be for them to attend the City Council Meeting and provide their recommendations to the Council. The City Council could then inform the CCJB of recommendations received from citizens. The Board can consider the recommendations and vote on them, if they so choose. Chairman Cuevas said it is not within his jurisdiction to change the manner in which the Board was established and the way it has functioned over the years.

In response to a comment from Mr. Macklin, Chairman Cuevas stated the committee is called the "Community" Criminal Justice Board because it was established by both local governments to run in a certain manner, and he does not have the authority to change the procedures. Mr. Macklin asked if, according to Roberts Rules of Order, the Board could make a decision regarding a public comment period since the Board has a quorum. Chairman Cuevas stated that could be done at the proper time and in the proper manner; the proper time would be after City Council and the Board of Supervisors take action and make suggestions regarding how the CCJB conducts meetings. Then it would be up to the Community Criminal Justice Board to consider that recommendation.

Mr. Macklin questioned whether taxpayers have a say regarding the CCJB agenda. Chairman Cuevas responded they would not today, because the items on the agenda had been established and there was no public comment or input on the agenda.

Mr. Macklin indicated that, according to Roberts Rules of Order, if there is an appeal and it has been seconded, a decision could be made by the body concerning the opportunity for input. Chairman Cuevas indicated the CCJB is an advisory board that works under the jurisdiction of the City Council and Board of Supervisors, who are the bodies that make the rules, regulations and suggestions as to how the meeting should proceed. He did not think the advisory board had the authority to make that type of change.

Mr. Macklin stated the advisory board is spending millions of dollars, which seems a little bit more than advisory to him.

Chairman Cuevas indicated the CCJB does not make decisions on millions of dollars. The Board listens and is a sounding board for the two governments. The Board of Supervisors and City Council have the sole decision making authority on the expenditure of local funds.

Mr. Macklin said he heard what Chairman Cuevas was saying but felt he had no voice and there was no sense in him attending the meeting.

Chairman Cuevas indicated he was sorry Mr. Macklin felt that way and reiterated citizens have an opportunity to provide input and suggestions to the City and County government.

A number of people in the audience left the meeting and placed a sign on their chair. Judge Paul offers to speak with the group in the hallway.

On motion by Mrs. Garst, seconded by Dr. Kizner, the December 8, 2015 minutes were approved. The motion passed unanimously.

City Councilman Kai Degner was welcomed as a new Community Criminal Justice Board member.

On motion by Mr. Paxton, seconded by Mr. Hodgen, Kai Degner was appointed as Vice Chairman of the Community Criminal Justice Board. The motion passed unanimously.

Messrs. Hodgen and Paxton provided an update on the Middle River Regional Jail - Refer to press release dated February 4, 2015.

Mr. Degner noted the Board endorsed documents requesting a jail construction project to the state at the February 23, 2015 meeting. He asked if the Board would vote to ask the City and County to rescind that request at this time. Mr. Paxton indicated if the City and County approve the agreement and all five jurisdictions approve the agreement, a decision will be made then to send a letter to the state that the City and County no longer are applying for stat funding and to discontinue that part of the Community-Based Corrections Plan; the facility component of that would already be addressed.

Mr. Degner asked if the Board needed to vote on this item and Mr. Paxton indicated the Board could recommend that, but it did not seem necessary because the facility will not be needed. Mr. Hodgen said the Board would not want to do that until all parties have signed the agreement.

Faye McCauley (Policy Development and Research) and Amber Woodson (Programs) from Middle River Regional Jail (MRRJ) provided an overview of their job duties and role at MRRJ. They indicated they are looking forward to the partnership with the jurisdictions.

Judge Paul provided an overview of work accomplished by the Task Force on Alternative Programming that studies and designs alternative jail programs. Even though the task force has only met once, they have addressed several issues.

He said the Task Force on Alternative Programming is seriously hampered by the lack of data regarding who is in jail, how and why they are incarcerated. Deputy County Administrator Stephen King is working with staff to identify software that can be utilized to provide this information in the future. There have been discussions with the Commonwealth's Attorney regarding rewording some of the plea agreements to make certain alternatives more favorable. Judge Paul's goal is to develop alternative programs that will reduce the jail population, reduce the number of people needing incarceration and help inmates to be responsible citizens when they are released. Judge Paul indicated citizens who have suggestions for alternatives may contact him at 879-3747.

Chairman Cuevas said he hopes Judge Paul is willing to lead a public meeting to give citizens an opportunity to provide input.

Mr. Degner said it is commendable to involve the Task Force on Alternative Programming and indicated he would be happy to make a motion to establish and empower the task force, if one is needed.

Chairman Cuevas explained he established the Task Force on Alternative Programming and appointed Judge Paul as chair at the December 8, 2014 CCJB meeting, with no objection from the Board.

Chairman Cuevas confirmed for Mr. Degner that the Task Force on Alternative Programming was formed to explore alternatives to incarceration, and provide budgeting and program recommendations to both governments. The task force will present suggestions from citizens and information obtained from facility visits to the Board.

On motion by Mr. Degner, seconded by Dr. K<mark>izner,</mark> the Task Force on Alternative Programming will explore alternatives to incarceration and report back to the CCJB. The motion passed unanimously.

Dr. Kizner raised concerns regarding the education piece in the process. He noted the Moseley report provided the percentage of incarcerated individuals without a high school diploma. Dr. Kizner said the school system plays an important role and would be willing to participate.

Mr. Paxton said his recollection during discussions was that different members of the Task Force on Alternative Programming were encouraged to reach out to others such as Schools or the Commonwealth's Attorney as suggestions surfaced that involved that entity. The desire was to have a small working group to function efficiently. He explained that there may not be a school issue each time the group met. The thought was to have representatives from the community as well as elected officials. Following that rationale, Mr. Paxton indicated the Task Force on Alternative Programming did not need to have members from the Community Services Board or Social Services either. Otherwise, the committee would have considerable members. The Task Force on Alternative Programming consists of the City Manager, City Representative, County Administrator, County Representative, Ruth Stoltzfus and Judge Paul. Resources to the Task Force include Sheriff Hutcheson, Commonwealth's Attorney Garst, Deputy County Administrator King, and Director of Court Services Freeman.

Mr. Degner indicated the CC)B has so many different perspectives because there are many pieces to the criminal justice system. He noted that other communities have many working groups that deal with various detailed aspects affecting the system. He said he was asking for clarification to confirm the Task Force on Alternative Programming is not overburdened. He said the concept of working groups is good because there could be a prevention workgroup with experts trained in prevention or people focused on data sets that could help with collecting the data we do not have. He noted the Task Force on Alternative Programming is set up to look at alternatives to incarceration, not necessarily prevention, which is an important role that could be the focus of a workgroup with that expertise.

Chairman Cuevas indicated he has a great deal of trust that Judge Paul will make sure the Task Force on Alternative Programming involves resources such as Social Services or the Community Services Board to provide information without violating the confidentiality of the people they serve. The school system has the same situation because disciplinary action is confidential. He said the input the Task Force receives has to be useful but respectful of the rights of individuals.

Chairman Cuevas indicated some CCJB members did not attend the CCJB meeting today. They are a large part of our community and are essential to these meetings, he said.

A man in the audience said he had a quick yes or no question.

Chairman Cuevas said he explained at the beginning of the meeting that he or Judge Paul would be glad to meet with people after the meeting to hear their individual comments.

The man in the audience said he thought Chairman Cuevas' answer was no.

Mr. Driver commended the Board, Task Force on Alternative Programming and community. He said the City and County have known for a long time that they had a jail issue. The study provided emphasis and a catalyst for positive discussion. Middle River Regional Jail provides many opportunities and programs that have been discussed for some time. He indicated that, as the group talks about structure and committees, they need to be careful that the driving force does not subside. Mr. Driver said there may be opportunities to keep moving forward and do some things differently; it is not going to be business as usual. He believes this opportunity for change is very positive. After hearing people talk, he thinks the consensus is to continue moving forward and look at doing business differently.

Chairman Cuevas adjourned the meeting at 4:52.











February 4, 2015

PRESS RELEASE

# JOINT STATEMENT BY

# ROCKINGHAM-HARRISONBURG AND STAUNTON-AUGUSTA-WAYNESBORO REGARDING MIDDLE RIVER REGIONAL JAIL

The Harrisonburg and Rockingham County (HR) community has been renting beds for the past several years from Staunton-Augusta-Waynesboro (SAW) at the Middle River Regional Jail (MRRJ) in Verona to alleviate overcrowded conditions at the Rockingham Regional Jail (RRJ). As a result of this collaborative working relationship, discussions were held regarding the possibility of a buy-in of 250 beds by HR to join MRRJ. This proposed arrangement does not replace the current Rockingham Regional Jail (RRJ), but will allow Harrisonburg and Rockingham County to address overcrowding issues without requiring an investment to build a new facility. Also, very importantly, the proposal allows all five jurisdictions to benefit from lower operating costs through the economies of scale gained by the expanded membership. The new partnership proposes to build on previously successful regional initiatives such as the Shenandoah Valley Regional Airport, Shenandoah Valley Regional Detention Center, the Shenandoah Valley Partnership, and the Central Shenandoah Planning District Commission.

The City Managers and County Administrators from the five jurisdictions are prepared to request from each of the respective governing bodies authorization to expand the MRRJ membership to include Rockingham County and Harrisonburg as full members. The recommended effective date for the expansion is July 1, 2015. The proposed contract terms are follows:

- Cash buy-in \$21,543,588 to be paid by HR as follows:
  - 10% prior to June 30, 2015. Balance paid through a ten-year agreement, with the interest rate set at the prevailing municipal 10-year bond rate at time of agreement.
     Annual payments will be made in December. Harrisonburg and Rockingham County are each responsible for 50% of the buy-in amount.
- Remaining debt of MRRJ is to be paid in accordance with the Service Agreement (3-year rolling ADP). FY2015-16 based on 250, FY16-17 begin based on usage (250,250 and actual FY15-16) FY17-18 (250, Actual FY 15-16 and Actual FY 16-17) and FY18-19 (three year rolling average for example, Actual FY 15-16, Actual FY 16-17 and Actual FY 17-18).
- Minimum bed operating guarantee from HR for FY 2015-16 is 150 per day to determine share
  of operating cost: after year 1, cost is based on three-year rolling average (similar to with debt
  but with a 150 guarantee for three years until actual use is available).

- Representation same as current membership for other three jurisdictions:
  - o Rockingham Administrator, Sheriff, Director of Finance
  - o Harrisonburg Manager, Police Chief, Director of Finance
  - Another key benefit of the proposal is the opportunity to develop regional alternatives to incarceration, including but not limited to initiatives such as:
    - Reinstating a weekender program
    - o Expanding the work release and other work programs to include Harrisonburg and Rockingham County
    - o Working with Valley CSB and Harrisonburg-Rockingham CSB and the State to establish a regional approach to providing substance abuse and mental health services at MRRJ and RRJ.
    - o Explore the opportunities and possible partnerships (private and public) to establish day reporting centers
    - Legal Documents HR responsible for the costs of preparation of legal documents required for expanding membership (Service Agreement, Lease and Bond documents)
    - Future Expansion(s) Based on future three-year rolling average.
    - RRJ will be limited to current federal contract of 25 rentals per day (federal prisoners only).
       This contract is due to the location of the federal court in Harrisonburg.

#### **Future Actions:**

- MRRJ Authority Approval (February/March)
- Member Jurisdiction Approval (February/March)

Bruce E. Allen, Mayor, City of Waynesboro		
Carolyn W. Dull, Mayor, City of Staunton		
Michael A. Breeden, Chairman, County of Rocking	ham	
Christopher B. Jones, Mayor, City of Harrisonburg		
Michael L. Shull, Chairman, County of Augusta		

Excerpt from the Rockingham-Harrisonburg Regional Jail Community Based Corrections Plan

Section 7
Summary and Recommendations

#### SUMMARY AND RECOMMENTATIONS

Over the course of this project, the consultants attended a number of planning sessions and formal discussions with City and County officials concerning the local criminal justice system generally, and options for addressing current and future jail capacity needs more specifically; attended "Listening Sessions" where citizens expressed their concerns, opinions and recommendations regarding the local criminal justice system and ways for improving the system and addressing local requirements; reviewed available automated local data and case record folders; held discussions with State officials and analyzed data prepared by State agencies including the Department of Criminal Justice Services and Office of the Supreme Court; observed jail and Magistrate procedures and operations, and conducted structured interviews with over 20 local officials.

Structured interviews were held with over 20 representatives of the City and County administrations, Circuit Court, General District Court and Juvenile and Domestic Relations Court personnel, current and retired judges, Magistrate's office, office of the Commonwealth's Attorney, Police Department, Sheriff's Department, State Probation and Parole, County Social Services, Community Service Board, ASAP and local defense attorneys. In general, local officials felt that the local jail had the dual role protecting the public and rehabilitating offenders. Most felt the criminal justice system was extremely crowded and overburdened, and that additional personnel were needed in order to change existing operations. When asked if they had specific program recommendations, those respondents that answered in the affirmative suggested providing additional resources for the local pretrial and local probation operations — the most visible and active alternative currently available in the community.

Most citizens attending the public "Listening Sessions," were vocally opposed to expanding jail capacity and expressed frustrations at what they perceived was a lack of jail alternative programs and treatment options for persons processed through the local criminal justice system.

The majority of decision makers interviewed seemed to feel that the decision to either expand existing jail capacity or expand jail-alternative options was not an "either-or" decision. The majority felt that additional jail capacity was needed along additional program options and improved efficiencies in the system. Most felt that they did not have enough objective information about the composition of the jail (who's in jail) and their supervision, program and services needs to make any specific program recommendations. All local officials were supportive of establishing a formalized ongoing planning effort that focused on program alternatives, system efficiencies and reducing or controlling the local jail population.

In conducting this study, it became apparent that the jail population in general was older and less transient than in many local jails in the Commonwealth. It was also apparent that many offenders are "revolving door" jail offenders that repeatedly offend, enter jail, and are released only to reoffend and re-enter jail.

• The evidence uncovered during this project suggests that several key offender groups should be targeted in order to control future jail population growth: (1) offenders in unsentenced awaiting trial (approximately 40% of the inmate population); (2) probation violators (by a number of measures a disproportionally large offender group, and 25%-30% of the inmate population), and (3) offenders with substantial substance/mental health issues that are associated with repeated criminal behavior and contribute to the jail's "revolving door."

# Recommendations and Implementation Strategy

#### **System Planning and Coordination**

Decision makers should initiate a long range planning strategy to investigate, develop and implement a continuum of jail-based programs, and community-based sanctions and programs. Based on an initial review of the available data, decision makers may wish to initially focus on jail-based programming options, programs and services for persons with mental health and substance abuse issues, and programs and services which target the probation violator population which are utilizing a substantial portion of jail beds.

# **Actions since December 2014:**

The Board of Supervisors and City Council have approved a number of initiatives that are outlined in these recommendations. The City and County approved the Community Based Corrections Plan (CBCP) in November 2014 based in part of the recommendation of the CCJB.

• Decision makersshould investigate and plan for enhancing current offender processing procedures throughout the local criminal justice system. Reducing existing and future jail bed needs by implementing new programs alone that divert people from jail is not an easy task. For example, if one inmate uses a jail bed for 30 days, 12 inmates must be diverted from jail each year to save a single jail bed. The initial focus should be on the "front end" of the system and decision making associated with pretrial jail admissions.

#### Actions since December 2014:

Included in the FY 2015-16 Budget is funding for an additional Pre-Trial Services (evaluator) position to allow additional persons to be placed into the pre-trial program and to enhance the information available to the court when making bonding decisions. Position is filled.

County issued an RFP for day reporting services with the intent that the program may be used to divert additional persons awaiting trial from being held in jail.

• Increase system coordination, goal setting, oversight and improved planning information and regular dissemination to decision making. The community has a formal Community Criminal Justice Board (CCJB) with the statutory responsibility to: (1) advise on the development and operation of local pretrial services and community-based probation programs and services for use by the courts in diverting offenders from local correctional facilities; (2) assist community agencies in establishing and modifying programs and services for offenders; (3) evaluate and monitor community programs, services and facilities; and (4) develop and amend criminal justice plans. This group should oversee an on-going planning effort that focuses the issues associated continuing crowding at all levels of the local system.

As Rockingham-Harrisonburg moves forward, this planning group can greatly assist the coordination providing effective services for individuals moving through the local justice system. This group should adopt a formal planning strategy which includes defining the purpose of the jail, gathering information to define challenges, identifying alternative courses of action and recommending preferred alternatives

It is recommended that several smaller sub-committees, whose membership consists of persons with specific areas of expertise in various areas of the local system, be established to focus on and investigate portions of the system by reviewing, analyzing and identifying processes and programs within the system that can be enhanced to create a more effective and efficient criminal justice system. These sub-committees should include a broad spectrum of representatives from the criminal justice, public health, higher education communities, as well as concerned citizens.

#### **Actions since December 2014:**

The CCJB recommended and the Board and Council adopted the CBCP last year. The CCJB should regularly review the plan and focus on the recommendations included therein. Depending on the proposed program and the necessity for program development, tasks groups with representation from the Board and community should be considered to provide a more detailed plan development for consideration of support by the CCJB and recommendation to the Board and Council, if necessary.

Establish a new Jail Planning Coordinator position to work exclusively on improving data systems, gathering data and informing decision making. Critical to support the ongoing planning effort, it is recommended that strong staff support be made available to decision makers. Consideration should be given to filling the position with an experienced criminal justice planner and data analyst. Data collection methods for the community should be developed which support reliable and valid information describing offender movements throughout the criminal justice process – from arrest to release. This information should allow for both input and access by the various criminal justice entities so that information regarding arrest, charging, court actions, treatment, placements and dispositions are is consistent and relevant.

# **Actions since December 2014:**

The CCJB recommended and the Board and Council approved funding for a data analyst position to assist in the management and analysis of the data within the judicial and public safety systems. The position is funded January 1, 2016. Subsequent to the December meeting, the City and County have been advised that the current data system will no longer be supported after 2017 or 2018. A recommendation is being requested from the CCJB to the Council and Board later in this meeting.

The Jail is anticipating a data project with a JMU undergraduate class to develop data and a report on part of the jail operations in the fall semester. More information on this work is included in the Director of Court Services report.

Generate valid and reliable planning data. Create a mechanism to systematically collect, maintain and disseminate useful and timely planning data for decision making. While an offender (jail-based) automated information system exists, much of the data needed to conduct more than a cursory analysis for planning is either not collected, not entered into the system, or stored in a manner that is not readily available to answer decision makers' planning questions. For example, while some data is available for persons confined in jail "today," there is no mechanism apparent for generating profiles of annual jail admissions or releases, and answering many of the questions that arose over the course of this project.

#### Actions since December 2014:

See above.

#### Jail Capacity

Projected increased jail crowding should be addressed by implementing an aggressive community based strategy and expanding existing jail capacity.

Planning for and implementing new strategies and programs for controlling inmate population growth is a long-term process and there is no immediate solution to solving the existing overcrowding problem. The current jail capacity is insufficient to house the existing inmate population and grossly insufficient to house the number of inmates projected in the future. If current policies, procedures and administrative practices remain unchanged it is reasonable to expect that Rockingham-Harrisonburg will be required to have sufficient jail capacity for at least 675 inmates in the year 2029.

The existing jail is intended to house offenders requiring high maximum and medium security confinement, and does not match the apparent security needs of the existing population. There is virtually no physical space available to support offender program and treatment needs. Based on information uncovered during this study, there is a need for lower minimum custody and community custody jail housing. Since enlarging the existing facility may not be possible due to its location, decision makers should consider constructing a new minimum security, treatment and program based building with space to support necessary ongoing programs.

# **Actions since December 2014:**

- \* Addressed need for new space by joining Middle River. This additional capacity has allowed the Sheriff and Jail staff to adjust the inmate placements in the jail to allow for additional mental health services. In addition, the County and City partnered with the Community Services Board to increase the number of hours per week a mental health professional is on-site. MRRJ and Rockingham Jail staffs are working with the Valley and Harrisonburg-Rockingham CSBs to review the overall program as it relates to working with persons with mental health service needs.
- \* Sheriff offered to the Re-entry Council the opportunity for community members to meet with inmates as they leave the facility to assist them with housing, employment and other needs necessary for successful re-entry into our community.

### System Enhancements and Strategies

<u>Investigate ways to reduce intake</u>. Programs and administrative practices aimed at reducing intake should be evaluated and implemented. Early and effective pretrial programming should be enhanced with the goal of reducing future intake pressure.

#### **Actions since December 2014:**

See earlier comments on pre-trial and day reporting. Also, the County, City, CSB and Sentara RMH recently announced the establishment of crisis intake unit at the medical center to move persons that previously may have been taken to the jail to the medical center for evaluation and treatment, if necessary.

Investigate pretrial confinement policies, procedures and administrative practices. While this report contains an initial profile of persons detained in pretrial status, further investigation is recommended to determine risk levels of persons incarcerated, bond statuses and reasons for confinement. There are, for example, a large number of detainees confined without bond for reasons that are not apparent. In addition, available data suggests that over 90% of ordered secure bonds are for amounts of \$5,000 or less – amounts that low income people may not be able or willing to pay. In the face of research that suggests that requirements of small secured bond amounts is not related to public safety or appearances in court, further investigation is recommended.

#### **Actions since December 2014:**

This is an area where additional research is necessary to support the judge in decision making related to the establishment of bond. At the District Court level, an additional pre-trial evaluator position was added to assist in this process.

Increase current pretrial and local probation staff levels. Decision makers should consider funding new positions for Court Service Unit rather than waiting for the State funding process which can take several years. There should be a phased-plan for the expansion of Pretrial and Local Probation services and program options to coincide with the jail planning. A total of 6.5 pretrial and local probation officers combined to provide services to a community with over 125,000 residents with an annual operating budget of just over \$635,000 is not adequate to provide services and programs for the offender population, and certainly does not support any future expansion of programs and services in the community. Current staff levels for both pretrial and local probation services are inadequate to cope with current and projected workloads and should be increased (at a minimum) to a level in keeping with the projected growth in the offender population.

#### Actions since December 2014:

One position was added with the FY 15-16 budget, which has been filled. As new programs are considered or existing program expanded consideration must be given to additional staffing. There is currently no state funding available for these positions; placing the burden to fund the positions on the City and County.

Expand home electronic monitoring and GPS monitoring as pre- and post- trial supervision options. While not widely used in Virginia, effective electronic monitoring of both pretrial and sentenced offenders who would otherwise be incarcerated in jail provides a viable and effective mechanism for controlling jail crowding.

#### Actions since December 2014:

Court Services Director will provide an update on the use of electronic home monitoring in her report.

Investigate/implement a Adult Drug Court program. Substance abuse among offenders in Rockingham-Harrisonburg is pervasive. Jail classification records reviewed in this study revealed that 98% of classified offenders have alcohol and drug abuse issues resulting in social, economic or legal problems or result in assaultive behavior. It is widely accepted that Drug Courts reduce recidivism for persons who complete the program. The process of treating substance abuse is a long one requiring a long term commitment of resources, and success rates for participants are traditionally fairly low. As such, this program should probably not be looked at as a program that will reduce jail bed needs in the near term but be recognized as one alternative program within the system.

Target Population:

Probation violators with histories of substance

abuse.

Target Program Size:

20-30

Order of Magnitude Costs:

\$5,000-\$7,500 per participant

### Actions since December 2014:

With the approval of additional judges in the Circuit, there may be an opportunity to consider this type of program. More information is needed on staffing and funding impact.

Investigate/Implement a Day Reporting program. This program should be investigated as a jail-alternative program for the decreasing probation violator population within the jail. Intermediate sanction programs such as intensive probation supervision, house arrest, electronic monitoring and day reporting are intended to serve as a step between the security and punishment of jails. Day Reporting allows for treatment and supervision in a setting that is more secure than ordinary probation but less secure than jail confinement. While at a center participants typically receive close monitoring and supervision, substance abuse screening, educational services, vocational training, drug counseling and treatment, and other services. This program has the potential to have a near term impact on jail bed needs by allowing targeted offenders to be removed from jail and admitted to this program.

Target Population:

Probation violators, Pre-trial population.

Target Program Size:

30-50

Order of Magnitude Costs:

\$4,000-\$5,850 per participant

#### **Actions since December 2014:**

Agenda item for this meeting.

Implement and strengthen new jail-based programs. Jail-based programming needs are many. Basic jail-based programs are not available due to the lack of space and personnel, including: Work Release, Education Release, Public Work Force, Electronic Home Monitoring, Weekend Sentencing (non-consecutive sentencing). In the consultants' experience the jails across Virginia that operate the most robust jail-based programs have several important characteristics in common, they have: (1) sufficient space to provide programs and services (in both housing and support areas); (2) formed viable collaborations with community volunteer and community agency groups; (3) demonstrated commitments to providing programs and services to offenders through their jail operations, and (4) program options that have the support of key decision makers in their communities.

#### Actions since December 2014:

Report on these programs are included in the agenda.

Expand and strengthen reentry services for incarcerated offenders. The nature and extent of existing reentry programming was not entirely clear over the course of this project. However, the provision of reentry and transition services is an important service delivery component of many jail-based programs.

#### **Actions since December 2014:**

Space limitations within the jail have created an issue from the aspect of providing class time for this effort. Sheriff offered to the Re-entry Council the opportunity for community members to meet with inmates as they leave the facility to assist them with housing, employment and other needs necessary for successful re-entry into our community.

Provide expanded Mental Health and Substance Abuse services within the jail. Increasingly, offenders with chronic mental health issues are residing in local and regional jails, and greatly contributing to the "revolving jail door" that is apparent in Rockingham-Harrisonburg. There are several basic components to an effective programming effort in this regard. First, it should be collaborative effort between the public/mental health and criminal justice systems, and a jail treatment team composed of certified/licensed professionals is necessary to provide effective therapy, administer an expanded formulary of psychotropic medications, and conduct psychological and forensic evaluations. Second, transitional planning is critical for providing the appropriate behavioral health care to enhance clinical stability and community re-integration and to reduce the probability of future re-arrest and incarceration. Third, effective programming will require, the cooperation of the prosecutors, public defenders, judges, local law enforcement personnel, correctional facility staff, housing providers, probation officers, mental health service providers and advocates.

Target Population: System-wide mental health services, sentenced

offenders with chronic substance abuse issues.

Target RSAT Program Size: 29

Order of Magnitude Costs: \$420,650-\$500,000 per year

### **Actions since December 2014:**

See earlier comments on mental health. CSB staff will give an update on the local efforts with regard to enhancing the services for the jail and the community.

#### Configuration of Jail Capacity

The need for an expansion of the detention capacity available to the Rockingham-Harrisonburg Regional Jail has been documented in the prior sections of this report. The existing Regional Jail presently has an official Virginia Department of Corrections rated capacity of 208 beds, and had an average daily population of 450 at the end of FY-14. Currently, the Rockingham / Harrisonburg Regional Jail must send inmates to Middle River Regional Jail because their population is beyond the operational and design capacity of the existing jail.

The population forecast developed for the jail indicates a total expected population (excluding federal prisoners) 675 in July 2029. The forecast was developed without allowances for implementing new programs for pretrial diversion, post-sentence non-confinement alternatives and/or system efficiencies. Without expanded capacity the jail would be operating at over three times its rated capacity in the year 2029.

- Based on the inmate population forecast contained in this document, a jail expansion of project of 467 new beds is indicated. However, it is recommended that the Regional Jail Board expand their current bed space capacity by 315 beds and address the projected shortfall (difference between projected and planned capacity) of 152 beds by implementing jail based programs, community-based programming in both the pre-trial and post-trial areas and implementing system efficiencies documented in this report. With a current rated capacity of 208 beds, the addition of 315 general population beds would increase the total capacity up to 523 beds.
- Enlarging the existing jail is not possible due to its downtown location, and a second location should be planned. Since there are only maximum and medium cells at the existing jail, and data suggests that additional capacity is needed in the form of dormitory space, a second facility that is primarily be a minimum security, community custody, treatment and program based building should be planned. The facility should include a mental health housing unit for both men and women. The facility should include less secure community custody space which is dormitory-style housing for men and women participating in Work Release, Educational Release, Work Programs and Reentry. In addition, program, office, recreation, and multipurpose spaces should be sufficient to accommodate this program-oriented facility.

#### **Actions since December 2014:**

County and City approved membership in MRRJ. The program initiatives in this recommendation should be evaluated as part of the operations of RRJ and MRRJ to determine the most appropriate location for the respective programs.

CCJB should recommend that the Board and Council officially notify the Board of Corrections that it is withdrawing its request for funding that was submitted with the plan in December 2014, and anticipated in the following table.

Submit CBCP / Planning Study to VDOC for Approval	December, 2014	
Board of Corrections approval	July – September, 2015	
Legislative Project approval	March - April, 2016	
Notice to Proceed - Design		
Complete Schematic Design and Design Development Documents	November, 2016	
Value Engineering	December, 2016	
Complete Construction Documents, secure City / County approvals	May, 2017	
Receive bids	July, 2017	
Notice to Proceed (Construction)	September, 2017	
Substantially Complete Construction	January, 2020	
Final Completion of Project	February, 2020	
Receive Inmates	March, 2020	

As required by the Standards, a technical breakout a jail system expanded by 315 additional beds including the total number of cells, dormitories or housing units necessary for general population, community custody, special purpose and short-term management is displayed as an attachment to this report.

# REQUEST FOR PROPOSALS

Issue Date:

August 7, 2015

Title:

Day Reporting Center

Issuing Entity:

County of Rockingham Board of Supervisors

Mail to:

County of Rockingham

20 East Gay Street

Harrisonburg, VA 22803-1252

Hand Deliver to:

Rockingham County

20 East Gay Street

Harrisonburg, VA 22802

The County will receive sealed initial proposals until 2:00 P.M., Wednesday, August 26, 2015 for providing services for a Day Reporting Center. The procurement process shall be competitive negotiations for professional services. Inquiries for information should be directed to Ann Marie Freeman, Director of Court Services, at amfreeman@rockinghamcountyva.gov

<u>IF PROPOSALS ARE MAILED, SEND DIRECTLY TO THE ADDRESS SHOWN ABOVE. IF PROPOSALS ARE HAND DELIVERED, DELIVER TO: address shown above.</u>

In compliance with this request for proposals and to all the conditions imposed herein, the undersigned offers and agrees to furnish the services in accordance with the attached-signed proposal or as mutually agreed upon by subsequent negotiation.

Names and Address of Firm:

Gemeinschaft Home	Date:August 26, 2015
1423 Mt. Clinton Pike	Shain Vici
Harrisonburg, Virginia 22802	By: Sharon Glick
FEI/FIN NO. <u>54-1326987</u>	Title: <u>Executive Director</u>
	Telephone No. ( <u>540</u> ) <u>434-1690</u>
	Fax No. (540) 432-9479



# Day Reporting Center Pilot Program for Rockingham County and the City of Harrisonburg

Proposal

Submitted by

Sharon Glick, Executive Director execdir@gemeinschafthome.org
Phone: 540-434-1690

August 26, 2015

Gemeinschaft Home 1423 Mt. Clinton Pike Harrisonburg, VA 22802 www.gemeinschafthome.org

# **Table of Contents**

# Introduction

# **Program Overview**

# Letter from the Executive Director Description

Core Values

**Employment** 

Drug Screening

**Group Sessions** 

Individual Counseling and Coaching

Case Management

Community Support/Referrals

Community Service

# Eligibility

# Participant Risk Levels

Level 1-Low

Level 2-Medium

Level 3 High

Level 4-Very High

# **Program Rules and Standards**

Cardinal Rules

**Hours of Operation** 

Attendance

Gemeinschaft Grounds and Property

Transportation and Parking

Contraband/searches

Fraternization with CRP Residents

Participant Dress Code

Visitors/Guests

Visitor/Guest Dress Code

Legal Issues

Meals/Food

**Medical Issues** 

Mentors

**Phones** 

Technology-

Tobacco

Fire Drills

Lost Items/Personal Property

AA/NA

# Responding to Participant Behavior

Learning Experiences
Therapeutic Confrontations
Confrontation/Encounter Sessions

# Departure from the DRC

# Frequently Asked Questions

#### Attachments

# DRC Pilot Program Fee Structure

#### Staff Member Resumes

Richi Yowell, Program Director Jumar Peterson, Case Manager Jasmine Gray, Program Assistant

# Sample Forms & Documents

Initial Intake Form

Intake Form and Questionnaire

Voluntary Admission Form (Substance Use)

Media Release Form

Release of Information/Consent Form

Medical Screening Form

Receipt of Program Manual Confirmation Form

Personalized Goals Sheet

Vision Statement Form

Treatment Plan Form

Transition Plans Form

Relapse Prevention Plan

Group Sign-In Sheet

**Employment Verification Form** 

Medications Log

Community Service Log

Drug Screen Log

Monthly Report

Behavior Report

Property Damage Report

Termination Report

Discharge Summary Report

Exit Interview

Case/Contact Notes (fictional)

# Introduction

The purpose of this proposal is to establish a Day Reporting Center (DRC) at Gemeinschaft Home and to operate a pilot program for adult offenders in Rockingham County and the City of Harrisonburg. In conjunction with the Rockingham Regional Jail, Harrisonburg-Rockingham General District and Juvenile and Domestic Relations Courts, and the Harrisonburg-Rockingham Circuit Court, the program will serve individuals convicted of, on probation for, or awaiting trial for nonviolent misdemeanors, nonviolent felonies, and certain drug offenses.

The information that follows is based on the program manual that we have developed to describe the details, policies, and procedures of the DRC, beginning with a letter from the Executive Director to new program participants. Also included are the resumes of Gemeinschaft Home staff members responsible for running the pilot program as well as a wide selection of sample forms and documents that will be updated and revised for use in the DRC program.

# **Program Overview**

## Letter from the Executive Director

Dear GHDRC participant,

Welcome to our DRC program here at the Gemeinschaft Home. For at least the next 90 days you are expected to actively participate in an exciting, interactive, life recovery program tailored specifically to meet your needs. Gemeinschaft Home will work directly with Court Services and other local service providers to create an individualized case plan that will help you get your life on track.

The purpose of this DRC program is to provide an alternative to incarceration for selected individuals who have been charged with a crime and are awaiting trial. Some participants may also enter into this program on a post-sentence basis. The DRC program is a partnership between the City of Harrisonburg, Rockingham County and Gemeinschaft Home. Rather than being confined in a local or regional jail, this program allows participants to maintain their freedom, which also allows for continuity of employment, residency, healthcare, sobriety, childcare, and other obligations. You will be required to report regularly to our facility and comply with all staff directives while in the program, which includes intensive supervision, ongoing drug screens, case management, and access to a variety of other community services.

Here at the Gemeinschaft Home our focus is on you. We work closely with local officials, including probation officers. However, our primary concern is your well-being. We are here to help you become the person that you want to be. We understand the struggles you face, especially as they relate to criminal thinking and substance use/abuse. We've been working with people to help overcome these kinds of issues for over 30 years! Our staff is committed to assisting you on your journey to wholeness. You can help US to help YOU by being cooperative, respectful, and by trusting our process as a pathway to recovery.

We are led by a Board of Directors who gives our program vision and guidance. Our Executive Director – Sharon Glick promotes our mission to the greater community and implements action plans to achieve our mission. The Program Director –Richi Yowell- oversees the therapeutic aspects of both the

Community Residential Placement (CRP) program as well as the Day Reporting Center (DRC). His leadership, motivation and wisdom helps participants in both programs reach their therapeutic goals.

Our Day Reporting Manager- Jumar Peterson- helps to carry out the vision of Gemeinschaft Home by personally assisting you in achieving your goals. He will also address any needs or concerns you may have. He also assists in holding DRC participants accountable for their actions and keeps them focused on their recovery. Finally, our Program Assistant- Jasmine Gray- is always ready and willing to assist you in finding resources in the community that will help on your journey to recovery.

Our program is set on proven practices. We offer dynamic group interactions, one-on-one coaching sessions, case management and referral services. Our program is designed to challenge you to live to a higher standard and not settle for the ordinary. We want to help you live up to your fullest potential by first identifying areas of your life that need improvement and then working to improve them. The question that you must ask yourself is "Am I ready to take control of my life and live in wholeness, sobriety and hope?"

We love what we do here, and our hope is that you will love it as well. From all of our staff here at Gemeinschaft Home, we welcome you! We are excited to walk with you on your journey toward embracing a "new" you.

Sharon Glick, Executive Director

# Description

The Gemeinschaft Home Day Reporting Center (DRC) is a Life Recovery/Re-entry program. While the primary goal is to reduce recidivism and prevent relapse, we are not solely a substance abuse program. We will accept any candidate who meets the eligibility criteria. Ours is a 90 day program (at minimum) with extended stays as the case demands, and as approved. All participants in the Day Reporting Center program are expected to enter and successfully complete it or risk the possibility of a probation violation. There are several focal points to our Day Reporting program:

Core Values- The Gemeinschaft Home organization provides an opportunity for program participants to better themselves in areas essential to a successful recovery and for productive citizenship. While in the Day Reporting Center, program participants are expected to conduct themselves as responsible adults. There are several core values that we promote and uphold as a community.

Honesty Morality Responsibility Accountability Respect Safety

Not every inappropriate behavior or action can be addressed in this manual. A participant may be confronted on a behavior that is not specified in this manual. Program participants are expected to come into compliance with staff directives as they are provided, and must behave in ways that are consistent with these core values at all times while on Gemeinschaft Home property.

*Employment* – Employment is a vital part of success and Life Recovery. A participant's successful transition to stable independent living depends upon rebuilding a positive employment history. We do not have jobs waiting for participants upon their release from incarceration. We do have some longstanding relationships with key employers in the area and we are able to assist participants in their job search. We also partner strategically with Goodwill Industries of the Valley's Career Connections

Center. They regularly work with Gemeinschaft clients to provide career counseling, job seeker services, and several seminars on job interviewing, resume writing, professionalism in the workplace and other similar topics. Because of these relationships, securing employment is fairly easy. Participants must maintain employment while in the program and must notify staff of any changes in employment.

The program defines a job as follows: A position that requires the participant to be at a previously specified site (with a verifiable phone number and address) to perform a previously specified task for which the participant will receive a regular paycheck as compensation for hours worked. Full-time employment is considered to be at 32 hours or more. Part-time employment is considered to be 31 hours or less.

- Participants must maintain employment while in the DRC program and must notify staff of any changes in employment.
- Each unemployed participant must actively search to find employment while enrolled in the Gemeinschaft Home Day Reporting Center program. Participants should plan to submit a minimum of 5 applications per week to potential employers and must also develop a resume if the participant does not currently have one.
- All unemployed participants are encouraged to register with area employment agencies (VA Employment Commission, Temporary Agencies, Goodwill, etc.).
- Proof of Job search and employment activities must be provided to staff upon request. Staff has the right to verify these activities as deemed necessary.
- All program participants must tell the truth about his residence and history (including his criminal history) when seeking employment.
- Upon accepting a job, a program participant is expected to hold the position for the full length of the program. If another job search is needed, the participant must obtain permission from Gemeinschaft staff.
- If work-related problems develop with supervisors or co-workers, the participant is encouraged to discuss his problems with the onsite (employer's) HR Staff as well as the Gemeinschaft Home DRC program staff.
- A participant may neither quit nor get terminated from a job. Consequences include sanctions (up to and including termination from the program). The participant's probation officer will also be contacted. Permission to terminate a position must be obtained from program staff. Proper notification must be given.

*Drug Screening* – Use or possession of alcohol or illegal drugs is grounds for immediate termination from the program. Personal items containing alcohol, such as mouthwash, are also prohibited. A positive test for alcohol due to the use of items containing alcohol *will be considered the same as use*.

Drug and alcohol testing will be done based on participants' risk assessment and case plan. They may

also be conducted randomly, "for cause", and based on suspicion. All program participants should expect to be drug tested at any time and for any reason. Refusing or altering any drug or alcohol test is the same as a positive result, and will result in termination from the program. If a participant is directed to submit a urine sample for screening, they are expected to provide one without incident, and within a reasonable time frame before leaving the property. All results, incidents of noncompliance and staff concerns will be reported to the participants' probation officer.

*Group Sessions*- Some program participants will be expected to attend certain **life recovery group sessions** as their case plan demands. These groups deals with processing life issues, establishing personal goals, and receiving feedback on behavior. Program participants are expected to actively and fully engage in the group activities and conversations by giving and receiving feedback as well as working on personal issues.

There are 10 key areas of Life Recovery that will be explored:

Cognitive Development	Health	Managing Change	Communication & Conflict Resolution	Relationships
Staying Organized	Professionalism	Emotional Control	Relapse Prevention	Self-Awareness

Under each key area, there are numerous courses currently developed and in use at Gemeinschaft Home, with the ability to add or change as needed:

# Self-Awareness (12 courses)

- •SELF 101 Self-Awareness: Who Am I? (My Identity)-Be the Person I want/need to be
- •SELF 102 Self-Awareness: Where do I come from? (My History/Roots)
- •SELF 103 Self-Awareness: How did I get here? (Life mapping)
- •SELF 104 Self-Awareness: Why do I do what I do? (Motivation)
- •SELF 201 Self-Awareness: Why Am I here? (My Life Mission)
- •SELF 202 Self-Awareness: What do I believe/care about? (My Core Values)
- •SELF 203 Self-Awareness: Where do I want to go in life? (A Vision for My Future)
- •SELF 204 Self-Awareness: How do I get where I'm going? (Setting goals)
- •SELF 301 Self-Awareness: Needs Vs. Desires: Maslow's Hierarchy of Needs
- •SELF 302 Self-Awareness: Plan your work and work your plan! (action planning)
- •SELF 303 Self-Awareness: Self-Esteem (positive self-image, affirmations, etc.)
- •SELF 304 Self-Awareness: How do I want to be remembered? (My Legacy)

#### Relapse Prevention (13 courses)

- •RELAPSE 101 Relapse Prevention: Reasons for Relapse
- RELAPSE 102 Relapse Prevention: The Phases of Recovery
- RELAPSE 103 Relapse Prevention: Codependency
- RELAPSE 104 Relapse Prevention: People, Places and things (prosocial vs. antisocial behaviors)
- •RELAPSE 201 Relapse Prevention: Denial
- •RELAPSE 202 Relapse Prevention: Recognizing Triggers

- •RELAPSE 203 Relapse Prevention: Cross-Addictions
- •RELAPSE 204 Relapse Prevention: Breaking the Cycle of Addiction
- RELAPSE 301 Relapse Prevention: Adult Children of Alcoholics
- RELAPSE 302 Rélapse Prevention: The Pleasure Principle/Indulgent Behavior
- •RELAPSE 303 Relapse Prevention: 12 Steps
- •RELAPSE 304 Relapse Prevention: Neuropsychology and its impact on addiction
- RELAPSE 305 Relapse Prevention: Don't S.L.I.P. up! (Sobriety Loses Its Priority)

### **Emotional Control (11 courses)**

- EMOCON 101 Emotional Control: "Understanding Emotions: The Basics"
- EMOCON 102 Emotional Control: Primary and secondary emotions
- •EMOCON 103 Emotional Control: Stress, depression and anxiety
- EMOCON 201 Emotional Control: Stress management and coping skills (keeping calm)
- EMOCON 202 Emotional Control: Attitude is Everything
- EMOCON 203 Emotional Control: Shame Vs. Delight (opposite ends of the spectrum)
- EMOCON 204 Emotional Control: Assertive Vs. Aggressive
- EMOCON 301 Emotional Control: Controlling Impulsive Behavior
- •EMOCON 302 Emotional Control: Overcoming the Fear Factor (fight or flight, confidence, preparation, etc.)
- EMOCON 303 Emotional Control: ABC's of Anger Management
- EMOCON 304 Emotional Control: Stages of Grief and Loss

### Professionalism (5 courses)

- •PROF 101 Professionalism: Dressing for success
- •PROF 102 Professionalism: Resumes and Job Applications
- •PROF 201 Professionalism: Job Interviewing 101
- •PROF 202 Professionalism: Being a good employee (Attendance, Getting along with Others)
- •PROF 203 Professionalism: Professional Courtesy (calling in advance of absence, giving notice, etc.)

# Staying Organized (4 courses)

- •ORG 101 Staying Organized: Neatness Counts: Everything Has its Place
- •ORG 102 Staying Organized: Time Management
- •ORG 201 Staying Organized: Personal finance and budgeting
- •ORG 202 Staying Organized: Staying on track-maintaining stability

### Relationships (15 courses)

- •RELATE 101 Relationships: Healthy relationships
- •RELATE 102 Relationships: Functional vs. Dysfunctional Families
- •RELATE 103 Relationships: Reconnecting with family
- RELATE 104 Relationships: What is Love? (Will you really be there for me?)
- •RELATE 105 Relationships: "Who Am I to Judge?"
- •RELATE 201 Relationships: Benevolence: The art of giving ("givers and takers") The Healing Power of Service
- RELATE 202 Relationships: Gratitude: The art of receiving

- •RELATE 203 Relationships: Grace: The art of Forgiving
- •RELATE 204 Relationships: Respect for self and others (manners, etiquette, etc.)
- •RELATE 205 Relationships: Sympathy/empathy
- •RELATE 301 Relationships: Caring for others: nurturing
- •RELATE 302 Relationships: Being Cared For: responding w/ gratitude and thanks.
- •RELATE 303 Relationships: Sex Vs. Intimacy
- •RELATE 304 Relationships: Relating to those in authority (PO, Boss, etc.)
- RELATE 305 Relationships: Accountability Relationships/Social Support

# Communication and Conflict Resolution (6 courses)

- •COMCON 101 Communication/Conflict Resolution: (Strategies: Collaborating, Competing, Compromising, Accommodating, Avoiding)
- •COMCON 102 Communication/Conflict Resolution: Generate, Don't Evaluate, Judge the situation (cost/benefits/pros/cons) and not the person, Seek common ground,
- COMCON 103 Communication: Effective Confrontation Skills
- •COMCON 201 Communication: economy of words, thinking before speaking, active listening, hyperverbalism, thinking out loud)
- •COMCON 202 Communication: Conflict resolution (seek to understand and be understood, not to be right or to win)
- •COMCON 203 Communication: Body Language (verbal & nonverbal communication)

# Change Management (6 courses)

- •CHANGE 101 Change: What creates change? (thoughts, feelings, experiences, beliefs)
- CHANGE 102 Change: The Stages of Change
- CHANGE 103 Change: Resistance to change (defense mechanisms, threat to security: minimzing, rationalizing, justifying and blaming).
- CHANGE 201 Change: Risk Management and Antisocial Cognition
- •CHANGE 202 Change: "Constant change, constant growth, daily opportunities"
- CHANGE 203 Change: "Rising to Meet the Challenge" (preparing for change)

# Personal Health (11 courses)

- •HEALTH 101 Health of body (Hygiene)
- •HEALTH 102 Health of body (Exercise/Rest-Importance of Leisure time)
- •HEALTH 103 Health of body (Nutrition)
- •HEALTH 104 Health of Spirit: "May the Source be with You": Reconnecting with your power source
- •HEALTH 201 Health of body (Unhealthy Behaviors)
- •HEALTH 202 Health of Mind (Commitment to Continuous Learning)
- •HEALTH 203 Health of Mind (Making good decisions)
- •HEALTH 301 Health of Spirit (believing in yourself)
- •HEALTH 302 Health of Spirit (Creative outlets and expressions)
- •HEALTH 303 Health of Spirit (Religion Vs. Spirituality)
- •HEALTH 304 Health of Spirit: Spirituality and Recovery

# Cognitive Development (10 courses)

- COGDEV 101 Cognitive Development: Five Stages of Manhood/Womanhood
- COGDEV 102 Cognitive Development: No substitute for honesty
- COGDEV 103 Cognitive Development: "No Excuses": Accepting Personal Accountability
- COGDEV 201 Cognitive Development: Criminal thinking vs. Responsible thinking
- COGDEV 202 Cognitive Development: Coping with Adversity (Stumbling blocks (obstacles) and stepping stones (opportunity).
- •COGDEV 203 Cognitive Development: ABC's of Thought and Behavior (Antecedents, behaviors, consequences)
- COGDEV 301 Cognitive Development: Arrogance, Fear and Ignorance: Death Traps of Life
- •COGDEV 302 Cognitive Development: Failing Wonderfully (Bending but not breaking. Getting back up after being knocked down. OK to make mistakes)
- •COGDEV 303 Cognitive Development: "Meakness Isn't Weakness: A Lesson in Humility"
- COGDEV 304 Cognitive Development: "A New Beginning": Adjusting to Life on the Outside

Individual Counseling and Coaching- Some participants will be required to attend Individual Counseling and Life Coaching sessions as their case plan demands. This may be facilitated by a Gemeinschaft Home staff member on site or a designated service provided from the community at another location. The goal is to resolve individual mental and emotional health issues that may need to be addressed in order for life improvements to occur. Other issues such as finances, relationships, health, continued education, literacy and lifestyle development are introduced and discussed as needed. Referrals will be made as needed. Gemeinschaft will strive to provide as much individual counseling, education and case specific programming on site as possible, based on participant needs and interests. There is also an option for community providers to come to Gemeinschaft to provide services in a "one-stop-shop" environment as the program develops and as partnerships with those local agencies are solidified.

Case Management- Every participant is expected to cooperate with an assigned Case Manager as their case plan demands. Gemeinschaft Home staff members will serve as onsite Case Managers who will work closely with participants, their families, their probation officer and other stakeholders to assess participants' needs and work to meet them. Once needs are assessed, a case plan will be developed to include very specific goals and tasks that each participant is expected to engage and complete while in the DRC program.

Community Support/Referrals- From time to time, participants' needs exceed the scope and abilities of DRC program and staff. When this happens, other community resources may be required. This may include referrals to agencies such as:

Community Services Board	Dept. of Rehabilitative	Dept. of Social Services
(CSB)	Services	
Free Clinic	Dept. of Veterans Affairs	People Helping People
Virginia Employment	Goodwill Industries	Skyline Literacy Coalition
Commission		
Local Colleges and	Childcare Connection	Sentara RMH
Technical Schools		

Blue Ridge Legal Services	Salvation Army	Mercy House
Valley Program for Aging	Valley Associates for	Patchwork Pantry
Services	Independent Living	
Open Doors Shelter	Alcoholic/Narcotics	H/R Community Health
	Anonymous	Center
H/R Health Dept.	Kingsway Ministries	Harrisonburg
		Redevelopment/Housing
		Authority
Our Community Place	Dayton Learning Center	

<sup>\*</sup>This is not an all-inclusive list.

Community Service- Some program participants may be required to perform a certain amount of community service projects as assigned by staff. Participants are also encouraged to create and propose original community service plans, to be presented to staff for approval. IT IS UP TO PARTICIPANTS TO KEEP TRACK OF THEIR HOURS. Forms to do so are found in the front office.

# Eligibility

Be advised that we do look at each individual case when determining eligibility. Referrals must come from a Court Services Probation Officer. Criminal History, Pre/Post Sentence Investigations, medical health status, mental health status and substance abuse history must be submitted along with the standard referral form. General eligibility criteria is as follows:

- All participants must be on Court Services Probation as ordered by a local court. It is both desirable and possible that the program participants on felony supervised probation with the Virginia Department of Corrections (District 39 Probation and Parole) be allowed to participate in the program at some point in the future.
- Roughly 85% of criminal offenders in the Commonwealth of Virginia are male. However, Gemeinschaft Home does have the ability to provide service to both male and female participants as needed. Due to the specific needs and differences inherent in these populations, group sessions, drug testing and reporting days will be separated by gender, with no fraternization between genders allowed.
- Known sex offenders, known gang members, members of security threat groups and those with a consistent/lengthy history of truly violent charges (multiple murder, malicious wounding, kidnapping charges, etc., especially if they occurred more recently) are not eligible for our program.
- Weapons charges in and of themselves are admissible (Possession of a Firearm, Brandishing, etc.) It's when they are used in commission of another felonious crime (such as Armed Robbery) that it becomes a disqualifier. Some consideration can be given for singular, isolated incidents of violent crime, pending review and approval, especially if they occurred in the distant past.
- Referrals should be sent for all other criminal charges/convictions and will be reviewed by staff on a case by case basis.
- We accept most mental health cases provided there is no history of violence or detachment from reality that might present a safety risk to staff and other participants. All participants with mental

- health issues are expected to be actively enrolled in a qualified treatment program with a licensed mental health service provider. Further, all such participants must comply with all treatment directives.
- Regarding medical history, all participants must be ambulatory. We prefer that there be no medical restrictions and that potential participants are physically able to work. However, will accept participants with a variety of health conditions and even some who would qualify for disability benefits. Participants with medical issues are expected to comply with all treatment directives as provided by their physician(s).

# Participant Risk Levels

Level	Risk	Status	<u>Criteria</u>
One (1)	Low	Amenable	Generally compliant. Likely employed/easily employable. Stable residency. May have 1-2 issues to work on. Self-aware. Engaged. Respectful. Motivated toward positive change. Reports to DRC 1-2 times per week.
Two (2)	Medium	Guarded	Somewhat compliant. Likely unemployed/lacking skills. Unstable living situation. May have multiple issues requiring referrals to other Human Services agencies. Difficulty coping with adversity. Somewhat disconnected/apathetic. Lacks motivation. Ambivalent. Reports to DRC 2-3 times per week.
Three (3)	High	Resistant	Generally noncompliant. Unemployed. Requires intensive supervision/support and accountability. Requires significant structure. Little to no motivation toward positive change. Likely transient/homeless. Disengaged. Reports DRC 3-5 times per week. It is anticipated that most residents would be assessed at this level upon intake and changed as needed upon monthly review/reassessment.
Four (4)	Very High	Highly Resistant	Same as Level 3 but requires the structure and supervision of a residential stay under the same program requirements of the DOC's Community Residential Program (CRP). Lives at Gemeinschaft.

# Program Rules & Standards

# Cardinal Rules

Violation of the following cardinal rules typically results in immediate termination from the DRC program.

- 1. Posturing threatening behavior (Fighting/acts of violence, invading the personal space of another, inappropriately touching another, verbally threatening another).
- 2. Stealing
- 3. Gambling
- 4. Destruction of property
- 5. Use of drugs/alcohol, or refusal to cooperate with testing procedures
- 6. Possession of contraband
- 7. Quitting without notice or being involuntarily terminated from employment

# **Hours of Operation**

Gemeinschaft Home is staffed 24 hours per day, 7 days per week per agreement with the Virginia Department of Corrections, and in compliance with Community Residential Placement (CRP Standards). The Day Reporting Center (DRC) is generally expected to operate between the hours of 8:00 a.m and 8:00 p.m Monday through Friday but does have the capability to operate beyond these hours and on weekends as needed.

#### Attendance

Attendance at all DRC activities is required based on staff directives and participant risk levels. All absences will be documented and reported to the supervising probation officer. At least a 24-hour prior notice is required if a participant must miss a previously scheduled appointment, meeting, event. Missing an appointment for any reason will likely result in an increase in drug screenings and future contacts. All medical absences must be supported by documentation from an approved service provider. Ongoing attendance issues will likely result in termination from the program.

# Gemeinschaft Grounds/Property

There are currently three primary facility structures on the property:

- 1. The Farmhouse (the main building that faces Mt. Clinton Pike)
- 2. The Bender Building (a smaller, secondary building directly behind the Farmhouse)
- 3. The Tenant House (located directly beside the Farmhouse, and also facing Mt. Clinton Pike)

All program activities for the Day Reporting Center will be conducted in the Bender Building located directly behind the main building ("the farmhouse"). DRC participants are only allowed in

Gemeinschaft Home's parking lot and the Bender Building. Program Participants are strictly forbidden to be in the farmhouse, the tenant house, or any other areas of the premises without the permission of a senior staff member.

# Transportation and Parking

DRC program participants are responsible for their own transportation to and from Gemeinschaft Home for designated program activities. Participant may at times solicit rides from employers, fellow employees, mentors, relatives, friends etc.; At their discretion, staff may require any and all drivers to provide a copy of his/her valid driver's license and a valid vehicle registration in order to be approved to give participants rides. This applies to transportation to any event or circumstance related to the Day Reporting Center program. The information will only be required once per approved driver, after which permission is granted to give rides at other times.

Parking at Gemeinschaft Home is very limited. Most parking spaces are for staff members. Other spaces are available for DRC program participants on a first come, first serve basis. However, those being transported by other people should inform those drivers that they are not allowed to linger on property for more than 15 minutes in order to wait for a participant to finish program business. Should that wait time be exceeded, said drivers should plan on leaving the property and returning at a later, pre-arranged time. Exceptions must be approved by Gemeinschaft Home staff members on a case-by-case basis.

Harrisonburg also has a public bus system that charges \$1 to ride one way. Schedules are available upon request.

Bicycles must be kept in the bike rack. When using a bicycle on the road, program participants are responsible for the same traffic regulations that apply to vehicles. Program Participants are allowed to bring their own bikes; however, if they do not want anyone else using them, they must bring a bike lock as well. The facility does not assume any responsibility for bicycles or their riders.

# Contraband/Searches

All persons, property and vehicles are subject to random contraband searches at any time while on Gemeinschaft Home property. IF A STAFF MEMBER WANTS TO SEARCH A PARTICIPANT OR THEIR PROPERTY/VEHICLE, THEN THAT PARTICIPANT MUST COMPLY. Any parcels, bags, containers or items taken from or brought onto the property are also subject to search by staff. Any of the following contraband items confiscated from residents will not be returned:

- pornography
- drugs or alcohol including synthetics
- prescription drugs not in the original container, or those belonging to others.
- drug Paraphernalia
- items that promotes drugs, alcohol, or slogans degrading another's gender/ethnicity
- weapons of any kind
- tools for work- may be checked in upon arrival as needed.

# Fraternization with CRP Residents

Gemeinschaft operates a separate residential program for the Virginia Department of Corrections (DOC). It is known as a Community Residential Placement (CRP) program. Residents in this program are convicted felons on supervised probation with the DOC. They live on site in the farmhouse while in the program. The Day Reporting Program and Community Residential Placement program are separate and mutually exclusive. Therefore, contact between or among participants enrolled in these two separate programs is strictly forbidden for safety and security reasons. DRC participants are not allowed in the farmhouse without staff permission and CRP participants are not allowed in the Bender Building without staff permission. Any inappropriate fraternization will be addressed and is subject to sanction, up to and including termination from the program.

# Participant Dress Code

Participants are expected to be fully and appropriately clothed at all times, in accordance with the following standards:

- Undergarments should not be visible to others.
- Shoes or sandals must be worn at all times.
- Clean, appropriately-sized pants or shorts worn no lower than at the hip-bones (with a belt if necessary).
- Sagging or oversized pants that reveal undergarments are expressly prohibited.
- Clean T-shirts, button-down shirts, or pullovers are acceptable. Sleeveless shirts (Tank tops, mesh shirts, cropped shirts, and shirts that expose any area of the torso) are not acceptable.
- Sweat suits are acceptable
- Hats, skull-caps or headgear of any kind are not acceptable unless approved by staff (typically for medical reasons only).

Absolutely NONE of the items below should be worn in the public/common areas:

- Shower shoes
- Bedroom slippers
- Pajama pants/sleepwear
- Undershirts (thin cotton undergarment as compared to a thicker, "outerwear" tee shirt).
- Sleeveless Shirts (tank tops, muscle shirts, cropped shirts, etc.)
- Clothing with references to drugs, sex or profanity or the like is prohibited entirely.

# Visitors/Guests

Visitors, guests, friends and family members are not allowed on Gemeinschaft Home property except to drop off and pick up program participants, or with prior approval from the Day Reporting Manager. Visitors should be aware that they are subject to search upon reasonable suspicion for contraband.

Visitors who are on Gemeinschaft Home grounds who fail to follow these rules can be banned from future visits, and legal action can be taken.

# Visitor/Guest Dress Code \*

- Each visitor is required to be dressed with outer garments and undergarments appropriate for his or her gender.
- Outer clothing should be opaque and completely cover undergarments.
- All visitors shall be required to wear footwear.
- Exposed midriffs are not permitted for either gender.
- Halter-tops, tank tops, strapless tops, tops with shoulder straps that expose the top of the shoulder are not permitted.
- Dresses/skirts or shorts should be no higher than four (4) inches above the mid-knee.
- Skirts or dresses that are slit should not have the slit higher than four (4) inches above the midknee.
- Pants or slacks will not be worn in a manner that exposes body parts.
- No clothing is allowed that contains gang symbols or signs with inappropriate language, graphics, racist comments, etc.
- Female visitors may wear scarves and other head coverings. No hats are to be worn inside the house. All headgear will be subject to routine search procedures prior to the visitor beginning their visit.

# Legal Issues

The Day Reporting Manager or attending case manager must be made aware of all new/pending appearances, summons, contacts with law enforcement officers and other legal matters. Residents must also notify their Probation Officer of these issues immediately.

# Meals/Food

Participants who are required to be on Gemeinschaft Home Grounds for more than 4 hours at a time may be eligible to receive a meal during some portion of their stay, based on availability. Those who are not able to secure food/meals on their own can also discuss their situation with a staff member. Food may be provided based on need and availability on a limited basis, if approved.

If a participant cannot eat a specific food due to medical, religious or personal reasons, he will be given a menu alternative. This is discussed as part of intake. Those who simply do not like the food offered will NOT be given an alternative.

# **Medical Issues**

- Upon arrival, each participant will meet with a case manager to review their medical history and assess needs.
- Information about community health services is available from the Case manager.

<sup>\*</sup> taken from Indian Creek Correctional Center Visitor Dress Requirements

- Emergency contact information must remain on file for all active program participants.
- All (prescription and non-prescription), vitamins, minerals and cold medications, etc., must be kept at home unless absolutely necessary. If your medical condition requires you to be in possession of such medications, you must notify a staff member immediately, and prior to arrival on Gemeinschaft Home premises.
- In such cases, Medications must be taken in the presence of a staff member, and in accordance with the directions on the bottle.
- Program participants are required to report all legitimate prescription drugs to a staff member upon intake, and at such times as there are changes in dosages, frequency of use or new prescriptions that occur thereafter.
- Notify a staff member immediately if you get injured while on Gemeinschaft Home property or are in need of emergency first aid, no matter how small or insignificant the injury or illness may seem. Staff members are trained in CPR and First Aid and have access to basic supplies needed to administer these services. They are also the primary point of contact for Emergency Medical Services (EMS) should a higher level of care be necessary.

#### Mentors

Program participants are encouraged to seek out support and accountability relationships. Participants are encouraged to seek out a mentor and may begin doing so immediately upon entering the program. Mentors must be approved by the Gemeinschaft Home staff. All time spent with an approved mentor must be documented and submitted to staff for submission to the participant's case file

# **Phones**

Cell phones are allowed at Gemeinschaft Home. However, they are to be on vibrate or off entirely while on Gemeinschaft property, especially during group and individual sessions. Participants must also be considerate of their peers when talking on the phone around each other. Program participants who have to be asked to silence their phone multiple times will have their phone confiscated.

Gemeinschaft phones (landlines) are off limits to participants, except in rare situations, at the discretion of staff.

# Technology

Office equipment owned by Gemeinschaft Home is off limits to DRC program participants (copier, phones, printers, scanners, etc). They are to be used exclusively by staff, and for business purposes only. Several computers are on site for program participants to use for JOB SEARCHING ONLY. These computers do not access social media, YouTube, or other forms of leisure and entertainment. Attempting to do so will result in the computer locking itself down. Participants should not bring any other electronic devices onto the property besides cell phones.

#### Tobacco:

The Day Reporting Program is a tobacco free program. Program participants are not allowed to use tobacco products, vapor pens, or electronic products anywhere on the property. Those caught using tobacco or other products will be fined \$5.00 for each infraction and may be terminated from the program for continued noncompliance.

#### Fire Drills

Fire Drills are a regular occurrence at Gemeinschaft Home, for obvious safety reasons. Upon hearing the alarm, immediately exit the building and report to the parking lot below the Bender Building. (behind the red fire line) All fire drills must be completed in no more than 5 minutes. Should the Bender Building itself be the affected location the 2<sup>nd</sup> staging area is in the front yard by the Gemeinschaft Home sign. Remember, "when in doubt, get out!"

## Lost Items/Personal Property

Gemeinschaft Home assumes no responsibility for personal items left on the premises by any program participant, at any time, up to and including a participant's departure from the program. Items found and unaccounted for will likely be secured, inventoried and discarded at the sole discretion of staff.

## AA/NA Meetings

Participants with a substance abuse history are strongly encouraged to attend AA/NA meetings in the local community in addition to DRC activities. In some cases, AA/NA meeting attendance may be made mandatory as part of an individual case plan. All AA/NA meetings must be verified by having the meeting chairperson sign the verification form, which Gemeinschaft Home staff members can provide.

## Responding to Participant Behavior

Learning Experiences (LEs) - Learning Experience may include such things as written actions, shadowing a role model, required participation in awareness activities, and so forth. Learning Experiences are assigned to help participants learn from their mistakes when displaying inappropriate behaviors or actions.

Therapeutic Confrontations - Any staff or participant may confront any individual found to be lacking in responsibility or displaying an inappropriate behavior/attitude. A confrontation may come in either verbal or written form. Behavior reports may be filed. A confronted individual must be receptive of the confrontation and be willing to take a look at his behavior. Resistance to confrontation may have more serious consequences than the original behavior violation. Multiple confrontations of the same individual will be met with any of the following:

• a written behavior report stating assigned consequences,

- a confrontation/encounter with staff and/or residents, or
- a strict behavior contract from staff, with the possibility of termination.

Behavior reports may be read in one of the group sessions. After the participant is confronted, LEs may be assigned and read in an upcoming group session. The participant is expected to completely follow through with the LE.

Confrontation/Encounter Sessions - Some participants may be required to sit before a panel of both peers and staff to receive feedback and corrective assistance in a meeting called a confrontation/encounter. The confrontation/encounter session is designed to build awareness, to mediate differences, or even to determine the future of the participant's status in the program. The following are basic guidelines for facilitating a confrontation/encounter session:

- The meeting should begin with the facilitator explaining the background reason and the principles behind the confrontation/encounter session.
- The facilitator should then explain the purpose and specific goal of the confrontation/encounter session, which should include any one or all of the following: awareness, ownership, commitment to change.
- The facilitator should conduct the confrontation/encounter allowing only one person to speak at a time. The receiving participant cannot speak unless called upon. The main assignment of the individual under confrontation/encounter is to listen in order to understand.
- The facilitator should conduct the session moving from one goal to another until satisfactory achievement is agreed upon by the members of the group session.
- If the session must close prior to the proper resolution or achievement of the determined goals then a mentor may be assigned to follow up with the confronted or encountered resident for support.
- It is appropriate and expected that members of the session propose methods of support of LEs for the confronted or encountered resident and submit them to staff for final assignment of support.

## Departing from the DRC

Departure from the program occurs once all case plan objectives have been met and approval from the attending probation officer has been received. A minimum of 90 days must be documented and successfully completed in order to qualify for departure. A certificate of completion will be issued to the program participant when all case plan objectives have been met. Once a participant has completed the program, they are not allowed on Gemeinschaft Home premises without prior approval from senior staff. However, if at any time a former program participant feels they may need additional assistance, they are encouraged to consult with senior staff in order to get the assistance they need. Gemeinschaft is here to help!

## Frequently Asked Questions

Where can I smoke? Nowhere on Gemeinschaft property. We are a Tobacco-free facility.

Where do group meetings take place? In the Bender Building. It is up to you to know what time meetings are taking place.

Can I use mouthwash/cough syrup while here? No, if used that will show a positive on the breathalyzer, and that is considered the same as use. Same with cough syrup.

Can I wear perfume/cologne? Yes, provided it is not a bother to any other participants.

How often are urine screens? At random. Participants should expect to be urine screened at any time while on Gemeinschaft Home property.

Where do I find Community Service papers? NA/AA papers? Just ask a staff member.

I am frustrated about a program matter. Who do I go to first? You should speak with either the DRC Manager or the Program Assistant first.

**Does Gemeinschaft Home have computers I can use?** Yes, they are in the Hoover Room, located in the Bender Building. The computers are for JOB SEARCH ONLY.

How soon can I look for a job? Immediately.

--Other FAQs to be developed as issues arise--

## DRC Pilot Program Fee Structure

One (1)	Low	Amenable	Generally compliant. Likely employed/easily employable. Stable residency. May have 1-2 issues to work on. Selfaware. Engaged. Respectful. Motivated toward positive change.	On-site reporting once or twice a week for check-in, status report and drug screening. (staff time + cost of drug test)	\$20 per person per day
Two (2)	Medium	Guarded	Somewhat compliant. Likely unemployed/lacking skills. Unstable living situation. May have multiple issues requiring referrals to other Human Services agencies. Difficulty coping with adversity. Somewhat disconnected/apathetic. Lacks motivation. Ambivalent.	On-site reporting two or three times a week for check-in, status report and drug screening. Also includes staff interviews, needs assess't, case mgt., groups/targeted interventions and referral services as needed. (staff time + cost of drug test)	\$35 per person per day
Three (3)	High	Resistant	Generally noncompliant. Unemployed. Requires intensive supervision/support and accountability. Requires significant structure. Little to no motivation toward positive change. Likely transient/homeless. Disengaged.	On-site reporting three to five times a week for check-in, status report and drug screening. Also includes staff interviews, needs assess't, case mgt. and referral services as needed. Also includes additional Therapeutic Life Recovery Groups. (staff time + cost of drug test)	\$45 per person per day
Four (4)	Very High	Residential	Same as Level 3 but require the structure and supervision of a residential stay under the same program requirements of the DOC's Community Residential Program (CRP)	Residential/24 hour supervision in accordance with all CRP standards.	\$55 per person per day

### **RICHARD H. YOWELL**

15527 Forestville Rd. Timberville, VA 22853 Email: <u>richi.yowell@gmail.com</u> Home/Cell: (540)-271-0552

### **EXPERIENCE:**

*Program Director*, Gemeinschaft Home-Harrisonburg, VA (July 7, 2014 to present)

- Serve as Senior Staff and back-up to the Executive Director
- Responsible for all program referrals, intakes, individual, and group counseling interventions
- Responsible for the safety, well-being and treatment of approximately 35 male residents in this Therapeutic Community (TC) environment, providing oversight to all programs, residential life activities, conflict resolution, crisis intervention, home plan development and employment.
- Develop, maintain and implement the program's Life Recovery curriculum
- Responsible for all Community Residential Program (CRP) regulations as required by the Virginia Department of Corrections (VADOC)
- Provide regular monthly progress reports, termination reports and discharge summaries for all residents as needed. Liaise with probation officers and other stakeholders as needed.
- Responsible for interns, practicum students and volunteers as available for use in the program.
- Use Evidence-Based Practices such as Motivational Interviewing and Cognitive-Behavioral Strategies to improve individual re-entry outcomes.

#### Probation and Parole Officer I, District 39-Harrisonburg, VADOC (April 30, 2011 to June 30, 2014)

- Apply knowledge of VADOC systems and procedures to enhance the healing environment.
- Serve as an officer of the Circuit Court, enforcing all court-ordered probation conditions and returning cases to court for Show Cause, Case Handling and Probation Violations as needed.
- Manage a caseload of 80-140 probationers, assisting with re-entry from intake to release.
- Evaluate probationer risk levels and needs to develop case plans and make pertinent referrals.
- Maintain a balanced approach to supervision with each probationer to produce positive results.

#### Pastor, Cedar Run Church of the Brethren, Broadway, VA (2005 to present); Part-time, Ordained

• Provide spiritual leadership, administrative oversight, pastoral care and counseling as needed.

#### Shift Supervisor, Gemeinschaft Home, Harrisonburg, VA (March 2009 to April 30, 2011)

- Supervise residents in accordance with VADOC regulations and CRP standards.
- Manage a caseload of up to 30; document contacts, report progress, address problems.

#### Human Resources Manager (previously PHR certified) Nine years providing Generalist services for:

- Virginia Mennonite Retirement Community, Harrisonburg, VA (2005-2008)
- Berryville Graphics, Berryville, VA (2003-2005)
- Technicolor Home Entertainment Services, Ruckersville, VA (2001-2003)
- Specialty Blades, Staunton, VA (2000-2001)

### U.S. Army Veteran (E-4 Specialist), 3rd Infantry Division (1990-1993)-MOS: 11B/11M.

- Advanced training in armed and unarmed combat as well as operational security tactics.
- Served as dismount squad leader, machine gunner, and driver for Bradley Fighting Vehicle.

#### **EDUCATION:**

- Liberty University: Currently in M.A. Addictions & Recovery Counseling program (6 classes left)
- Eastern Mennonite University: 24 graduate credits toward M.A. Counseling (2008-2010)
- James Madison University: B.S. Degree (1995) Major: Psychology

## **ADDITIONAL INFORMATION:**

- Sixteen years of management and supervision of up to 65 employees in various environments.
- Currently pursuing certification as a Certified Substance Abuse Counselor (CSAC)
- Certified Prepare/Enrich Pre-Marital/Marriage Counseling Facilitator for the last ten years.

## Jumar D. Peterson

820 Vine Street Harrisonburg, VA 22802 (540) 435-7274 petersjd1@gmail.com

#### **EDUCATION**

James Madison University,

Harrisonburg, VA

Bachelor of Arts in Psychology, Spring 2014 Major GPA: 3.0

George Wythe High School, Advanced Diploma, 2006 Richmond VA

Richmond Technical Center, Honors in Carpentry, 2006 Richmond VA

Richmond VA

EXPERIENCE		
Current	Gemeinschaft Home, -Program Case Manager/Shift supervisor Harrisonburg, Manage individual referrals, assistant to program director, meet with residents to establish goals, organize and facilitate group counseling sessions, responsible for issuin disciplinary behavior reports, coordinate with probation offices from districts in VA, Maintain order and program standards, implement program rules and regulations, aid residents in obtaining program goals, collect breath analysis and urine analysis	
2012 – 2013	Virginia Department of Medical Services-Respite Care Cared for an individual with autistic needs, taught language skills, Behavior analysis, Brief counseling for family, Encourage through patience and commitment.	'A
2009 – 2011	Tyson Foods Inc Quality Assurance  Data entry, maintained proper food preparation standards, CVP Machine operator	'A
2006 – 2009	Chick-fil-a, - Supervisor Harrisonburg, V Maintained a proper work environment, improved office organization, trained new personnel, organized Stock and Shipments	/ <b>A</b>
2007(summer)	Service Master- Janitorial Personnel Richmond, V. Maintained a clean working environment, supplied employee's with proper work equipment, installed correct equipment to clean machines, provided Janitorial service throughout entire office building	7 <b>A</b>

Drywall installation, head carpenters assistant, installation of vinyl siding, framing,

#### **ACTIVITIES**

2004-2007

• Divine Unity Community Church: Leadership, Building Manager, Current

Carl Coles Construction- Carpenters Assistant

- Divine Unity Righteously Applying God College Ministry co-leader, 2011-2012
- Mission trip leader: Spring 2008, 2009, 2010

Hardwood floor installation.

- Divine Unity Righteously Applying God ministries- Small Group Leader, 2009-2010
- Shepherd Heart Evangelistic Ministries Youth Leader, 2006-2008

#### Certificates/Awards

• Certificate of completion: Strategies for Trauma Awareness & Resilience (STAR I)

## Jasmine S. Gray

Address: 2470B Reservoir Street Harrisonburg, VA 22801

E-mail: grayj8626@gmail.com Phone: (804) 239-0838

#### Education

James Madison University, Harrisonburg, VA

Bachelor of Arts, May 2015

Major: Justice Studies Concentration: Crime and Criminology

Relevant Coursework: Criminal Law and Procedure, Global Justice, Juvenile

Delinquency, Criminological Theory, Nelson Research Seminar

Work

Gemeinschaft Home Harrisonburg, VA September 2014 - Present Shift Supervisor

- Clerical and Administrative duties
- Assisted residents with re-integrative process
- Worked with a team of supervisors to oversee the residents during their stay

Massanutten Resort McGaheysville, VA June 2014 – September 2014 Le Club Desk Supervisor

- Assisted guest with customer service needs
- Worked with a team of supervisors to oversee the daily operations of the building
- Dealt with daily cash transactions and deposits

Aramark

Harrisonburg, VA

August 2012 - Present

Employee

- Trained other student employees on food processing responsibilities and other job duties
- Planned and executed large and small food service events for customers

## Community Involvement

**Gemeinschaft Home** Harrisonburg, VA May 2014 – September 2014 Intern

- Clerical and Administrative duties
- Assisted residents with their re-integrative process

**Richmond City Public Schools** Richmond, VA June-July 2010 - 2012 Summer School Teaching Assistant

- Served as a one-on-one facilitator for multiple students between the ages of 5-7 years old with various special needs
- Co-taught summer school classes with the teacher
- Collaborated with the teacher to design and execute educational activities for students

Campus Involvement

JMU Disability Services

January 2013- May 2015

Transcriptionist

- Recorded in-class notes for student with various disabilities
- Developed note taking skills

JMU Black Student Alliance Executive Board June 2012- May 2015 Publicity/Advertising Chair

Created a marketing campaign for various events hosted

References

Jumar Peterson Internship Supervisor

(540) 434-1690

Sharon Glick

Executive Director at Gemeinschaft Home

(540) 434-1690

Tiandra Stone

Mentor

(804)- 232-2553

Certification

**Red Cross** 

S

CPR/AED

July 2014

• First Aid and Blood Borne Pathogen

July 2014

## Gemeinschaft Home Initial Intake Information Sheet

New Resident Name:		Today's Date	e:/
State #: SS#:			• .
Gender:_M DOB:// Height:	Weight: Hair	r color:	Eye Color :
Sending Institution:	Ad	lmission Date:	
Probation Parole District #:	Reason for refer	ral	
Length/condition of sentence:			
P&P Officer:	Sanctioned to com	nplete? Yes	☐ No
Substance Abuse Background:  yes no	For program use Mental Health Issues:		
Emergency Contact:Relationship:			
Phone #: ( A	Address:		
Education completed: 1 2 3 4 5 6 7 8 9 1	0 11 12 GED	College	
Do you need assistance with reading or writing?			
Hometown: Address/Phone	e #:		
Special Medical Conditions, Allergies, Special Dieta	ary Needs, Etc.:		
·	•		
Doctor's Name & Address:			
ATTACH A PHOT	O BEHIND TH	US SHEET	
Resident Signature		Date:	
Staff Signature		Date:	

## Gemeinschaft Home Resident Intake Form and Questionnaire

Basic Intake Information
Name: Today' Date:/
Questionnaire
History
1. Explain the course of events that led to your coming to our program.
Domestic
2. Married Single Separated Divorced Widower
3. Children: yes no How many? Names
4. Who is the most important person to you at the present time?
5. Comment on the relationship with your father:
6. Comment on the relationship with your mother:
7. Parents' status: Married Single Separated Divorced Widowed
8. List siblings oldest to youngest:
Health
9. Have you ever been in mental health counseling before?  ues ues no
If yes, explain:
· · · · · · · · · · · · · · · · · · ·

10. Any history of family illness of any kind?  yes no
If yes, explain:
11. Are you taking medication of any kind?  ues ues no
in you, on plant.
12. Do you believe you have a problem with substance abuse or addiction of any kind?  ues  no Explain:
13. What is your choice of mood altering substance?
14. Have you ever attended NA/AA meetings?  no
Spiritual/Religious
15. What is your religious background?
16. Do you desire to have spiritual counseling or would you welcome the opportunity to talk with someone
about your faith?  ues  no
17. What resources would you like to have regarding your faith walk?
Other
18. Do you have any interests or hobbies?  yes  no  If yes, what are they?
11 you,
19. Do you have any legal problems pending?  yes  no
If yes, explain:
20. What kind of work are you looking for?
bot white of work are journousing for

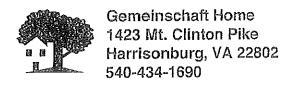
21. How would you rate you work history and performance on a scale from 1 to 10, 1 being poor and 10 being
excellent? 1 2 3 4 5 6 7 8 9 10 Explain:
22. What are you most anxious or concerned about at this point in your life?
23. How do you feel about being here?
24. What would you say are the most important things that you need to work on in your life at this time?
25. Do you have any problems reading or writing? ?
Sexual Abuse History
26. Have you ever been sexually abused? Yes No
27. Have you ever been sexually abused while incarcerated? Yes No
Comments:

## Gemeinschaft Home Voluntary Admission Form

Any admission recorded below was given voluntarily and without duress. Sections I and/or II may be completed.

сощр	, in the second		
I.	I,		VSP#
	I, (Name of Resident)		If Parolee
volun	starily admit to using substances chec	ked below within the last 30 c	lays:
	☐ Cocaine, including crack	☐ Barbituates	
	☐ Marijuana	☐ Heroin	
	□ Alcohol	☐ Phencyclidine (PCP)	
	☐ Amphetamines, including Ice	☐ Other:	
Ву: _	Signature of Resident	Witnessed by:	Signature of Staff
	Signature of Resident		piguature or prair
Date:		District/Unit:	
П.	I,(Name of resident)		VSP #
volun based	tarily confirm that the positive (dirty on test samples provided by me:		substances checked below are
,	☐ Cocaine, including crack	☐ Barbituates	
	☐ Marijuana	☐ Heroin	
	□ Alcohol	☐ Phencyclidine (PCP)	
	☐ Amphetamines, including Ice	☐ Other:	
		Witnessed by:	
Ву: _	Signature of Resident		Signature of Staff
З <b>у:</b>	Signature of Resident	District/Unit:	Signature of Staff

Revised 8.24.11



## Media Release Form

I,	l all other media, whether now emeinschaft Home, in
I will make no monetary or other claim again and/or any employee of <b>Gemeinschaft Hom</b> and/or the photograph(s)/video.	st <b>Gemeinschaft Home</b> <b>ne</b> for the use of the interview
Signature of Resident	Date

## GEMEINSCHAFT HOME RELEASE OF INFORMATION FORM

TO:_		(Releasing/Receiving Agency)
I.	Consent for Release of In	formation - All Clients
agent.	to release any information they ma Implicit to this authorization is tha ation regarding me to facilitate this	, the undersigned hereby authorize any agency, institution, public or private, or ay have concerning me or my background to a Gemeinschaft Home authorized to Gemeinschaft Home authorized agent may release to you any necessary a request.
mental records drug us	and physical health, medical recor s, past and present employment rec	of information shall include such information as it relates to my emotional, ds, school records, test scores, academic or behavioral memoranda, all court ords, any possible military history and information regarding alcohol and other is, testing results, treatment recommendations and compliance with screening,
11.	Substance Abuse Disclosu	re Consent Authorization - If Applicable
other directords Home i	rug use, diagnosis, treatment recon for the purpose of identification, d n the investigation and/or treatmen	the undersigned hereby authorize Gemeinschaft Home and their agents to iminal history, istant offense and disposition or on my history of alcohol and amendations and compliance with treatment in their knowledge, possession or liagnosis, prognosis, and/or by the courts in sentencing, and Gemeinschaft at supervision of my case for probation, incarceration, post release supervision or supervision transfer to any Virginia Department of Corrections agency or compact.
III.	<u>Use of Information – All C</u>	Clients
supervi: (3) this	sion of my case; (2) while under in consent will terminate upon my rel	nd re-disclosure of such information is made only in the investigation and/or vestigation, incarceration and/or supervision I cannot revoke this consent; and lease from the custody of Gemeinschaft Home and their authorized agents of orrectional, probationary or parole status.
IV.	<u>Understanding – All Clien</u>	<u>ts</u>
request informa Code of	that all such persons or agencies ac tion or records. I also understand th	g read, or been read, this document and fully understand same. I consent and except a photocopy of this authorization as valid authorization to give such nat my disclosure and any re-disclosure is bound by Part 2 of Title 42 of the infidentiality of patient alcohol and drug use and applicable Qualified Service
Date		Resident Signature
Date	***************************************	Staff/Witness Signature



## Gemeinschaft Home Day Report Medical History Screening Form

Circle YES or NO...

## Circle YES or NO...

Have you or any immediate family member ever		Do you have a history of:
been told you have: <u>Self</u>	<u>Family</u>	Allergies/AsthmaYes No
Angina/chest pain Yes No	Yes No	Anemia YesNo
Cancer Yes No	Yes No	Blood thinning medication Yes No
Diabetes Yes No	Yes No	Bronchitis
High blood pressure Yes No	Yes No	Domestic violence
Heart disease Yes No	Yes No	Headaches Yes No
Multiple SclerosisYesNo	YesNo	
Osteoporosis YesNo	Yes No	Hepatitis
Osteoarthritis Yes No	Yes No	Kidney disease
Rheumatoid arthritis Yes No	Yes No	Rheumatic fever
Stroke Yes No	Yes No	Recreational drug use
Thyroid problemsYesNo	YesNo	Skin ulcers
TuberculosisYesNo	YesNo	Stomach ulcers Yes No
_	. •	Sexually transmitted disease Yes No
In the past 3 months have you had on	r ara van	Seizures Yes No
currently experiencing:	arcyou	Surgeries Yes No
A change in your health	Van Na	Steroid medication Yes No
Changes in appetite	Vog No	Unexplained falls Yes No
Changes in bowel or bladder		Do you have a problem with (check all that apply)
Depression		Hearing Vision Communication
Difficulty sleeping		Speech Swallowing Balance
Dizziness		
Fever/chills/sweats	i i	
Nausea/Vomiting		
Numbness or tingling		Participant Signature:
Shortness of breath	1	
Under stress		Date:
Unexplained weight change		
Upper respiratory infection	resNo	Staff Signature:
Urinary tract infection		
Unsafe at home	1	Date:
Family Physician and/or Primary Health Provider: YesNo	Care	
Hovider. 165		·
Dagtaw/Othory		
Doctor/Other:	į.	
Address:	!	
City&Zip:	1	To be reviewed by nursing staff
Phone:		***************************************



Revised 5.15.12

(a non-profit corporation)

CORRESPONDENCE ADDRESS: POST OFFICE BOX 288

HARRISONBURG, VIRGINIA 22802

TEL: 540.434.1690 FAX: 540.432.9479

. I		, have:	- <del> </del>	
·		· · · · ·	j . i .	
received a copy of t	the PROGRAM MANUAL			
,				
reviewed a copy of	the PROGRAM MANUAL with a	staff memb	er or resid	lent durin
orientation.				
read and accepted r	esponsibility to follow the PROC	RAM MANI	TAL .	· , · · · · · · · · · ·
				•
			ļ. ·	<b>–</b> .
Signature of resident				·
· ·				
Signature of staff member co	nducting orientation			
				•
Date				
		·		,
TOTE NOCTIME?	NT IS TO BE PLACED IN TH	E RESIDE	YT'S FIL	E.

#### Personalized Goals Sheet

In light of your vision statements, these will be the intermediate to short-term goals that will take you closer to the vision statements that you articulated. Note that some goals may be to remove barriers to your vision picture. For example: *a habit of drinking too much, or a problem with impulsive spending*. Other goals may be to acquire various things. For example: *a education in computers or training in communication*.

GOAL: _			*
<u>Step 1:</u>			
			Time commitment
Step 2:			
			Time commitment
Step 3:			
		•	Time commitment
<u>Step 4:</u>			
			Time commitment
<u>Step 5:</u>			
			Time commitment
Resident:	Date:	Counselor:	Date:

## **Resident Vision Statement**

Resident Name:	Date:
focused in your vision, the more likely	you wish to be experiencing in 10 to 15 years. The more you are clear and you are to complete your picture. Include as many areas of your life as vill be feeling about yourself as you describe this picture. If you chose to good too.
Some areas to be sure to include: Relatively Physical maintenance, Spiritual main	tionships/Social, Employment/Economic, Housing, Hobbies/Interest, ntenance.
good communicator and who is not so relationship in ways that respects her ri	nvision being in a healthy relationship with a well-balanced wife who is a self-centered. She is confident in who she is and she contributes to the 19th as well as mine. I feel safe in this relationship and I feel total 19th ns. We resolve conflicts well and are honest and respectful with each
Now it's your turn. Write a vision state reviser side of this form.	ment for each of the above areas of life. If more space is needed, use the
Resident:	Date:
Case Manager:	Date:

## ASSESSMENT AND TREATMENT PLAN

Name:		Date:	
Areas affected and pre	esenting issues:		
Physical		Substance Abuse	
Emotional	atterfore attended to the control of the analysis is a second of the control of t	T a mal	
Psychological		Social	
Spiritual		Educational	
Marital/Relationship		Coveral	
Parenting	***************************************	Military	
Employment		Financial	
Other:			
Estimated Intellectual		Above average	
Initial Impressions:			-
Freatment Recommend		·	
Goals:			
Objectives:			
Control and the control and th			
	A COLOR DE MINISTRALIZACIONE CONTROL DE MANAGEMENT DE MANA		
Duration:			

Client Signature:Client Signature:	
Duration:	
D	
Objectives:	
Goals:	
Duration:	
Objectives:	
Goals:	
Duration:	
Objectives:	
Ohiectives:	
Goals:	

## **Transition Plans**

Name	
Probation Officer	<u> </u>
Reporting District	
Presenting Issue(s)	
	-
Area to be addressed while in transition	
Goals for area 1	
2. Area to be addressed while in transition	·
Goals for area 2	
3. Area to be addressed while in transition	
Goals for area 3	
Resident Signature	
Program Director Signature	

## **RELAPSE Prevention PLAN**

Relapse: to regress or fall back into a former state (of criminal thinking/living)

1.	Name three people you can talk to if you get the urge to use drugs or commit
	another crime?
	First Choice:
	Second Choice:
	Third Choice:
	Ø .
2.	What are your triggers? What can you do to take you mind off these triggers?
	Worst Trigger:
	Preventative Action:
	Other Trigger:
	Preventative Action:
	Other Trigger:
	Preventative Action:
•	
3.	What is your worst fear about relapsing?
Л	What is your best reason to live a clean, sober, and/or crime-free life?
ᅻ.	What is your best reason to live a clean, sober, and/or chine-nec line:
	· · ·
	· · · · · · · · · · · · · · · · · · ·

# Group Sign-Up Sheet

AM Group	PM Group	Both (Not Working)
·		
·		
		•
	1	
		:
		·

# GEMEINSCHAFT HOME EMPLOYMENT VERIFICATION FORM

RESIDENT NAME:				,
START DATE:	·			
EMPLOYER:				
SUPERVISOR'S NAME:			• ,	
PHONE #:				
<u> WORK SCHEDULE</u>				
	From:	этэ то:	164 LOS	
MONDAY.				
TUESDAY			Constitution of the Consti	
WEDNESDAY	743 Constitution 2007			
THURSDAY				
FRIDAY				
SATURDAY				
SUNDAY				
PAY SCHEDULE (circle one	): DAILY		ÆEKLY M	ONTHLY
PAY RATE \$:	_ PAY DA	AY:	,	
	,			
EMPLOYMENT CONFIRM	ED BY:			

Revised 8.17.11

## RESIDENT MEDICATION LIST

Resident Name	-			
MEDICATION:				
Strength:				
Directions:		*		
MEDICATION:				
Strength:	PADA			
Directions:				
BATTATO LITTORY				
MEDICATION: Strength:				
Strength:		•		
Directions:				
English and the second			***************************************	****
MEDICATION:				•
Strength:		~		
Directions:				
				J. 480.0
MEDICATION:				
Strength:				
Direction:			70-700-27	
MEDICATION:				
Strength:				
Direction:				

## Gemeinschaft Home Community Service Form

Resident Name:		1
	Total hours needed: 15	

<u> </u>	Hours	Description of Work	Staff/CS Supervisor initials
	,		
		3	

## DO NOT REMOVE SHEET FROM BOOK

# Gemeinschaft Home Drug Screening Form

Resider	nt:		Number:			
Date	Screen Done	Urine neg. / pos.	Alcohol neg. / pos.	Full name of Tester (print full name legibly)	Code	
_/_/_	4 Panel BUP K2/Spice PCP		□ □ □ BAC:	Resident Signature:		
_/_/_	4 Panel BUP K2/Spice PCP		□ □	Resident Signature:		
_/_/_	4 Panel BUP K2/Spice PCP		□ □ □ BAC:	Resident Signature:		
_/_/_	4 Panel BUP K2/Spice PCP		□ □ □ BAC:	Resident Signature:		
_/_/	4 Panel BUP K2/Spice PCP		□ □ □ BAC:	Resident Signature:		
_/_/_	4 Panel BUP K2/Spice PCP		□ □ □  BAC:	Resident Signature:		
	4 Panel BUP K2/Spice PCP		□ □ □	Resident Signature:		
	4 Panel BUP K2/Spice PCP		□ □ □ BAC:	Resident Signature:		
	4 Panel BUP K2/Spice PCP		□ □ □ BAC:	Resident Signature:		
	4 Panel BUP K2/Spice PCP		П П ВАС:	Resident Signature:		

4 panel screens for THC/OPI/COC/MET

Codes: I (new resident intake) Q (to fulfill resident's quota) TV (return from transitional visit)

RT (retest)

S (suspected use)

# Gemeinschaft Home MONTHLY PROGRESS REPORT

## MONTH:

Resident's Name:	Case Manager: Jumar Peterson						
Admission Date: / /							
Case Status: Active Case	Inactive Case	- <u>Discharç</u>	<u>ie Date</u> :	1	1		
Client Status: CRP	Self-pay						
Phase I – Orientation							
Phase II – Work							
Phase III - Transition							
Chemical Dependency Screens for this pe	eriod:# Urinalysis	and Alcos	ensor Scre	eens:2			
# of positive results: 0	ndicate date(s) and	l results fo	r any posi	tive screer	ns:0		
Employment: Unemployed	☐ Employed ☐ F	ull-Time [	☐ Part-Ti	me			
Employer and type of job:							
Client Progress Ratings: N/A (reside	nt in program 5 day	s or less)					
		<u>Poor</u>	<u>Fair</u>	<u>Avg</u> .	Good	Exc.	<u>N/A</u>
Knowledge of chemical abuse and depender	псу:						
Recognizes personal consequences of chemical use:							
Acceptance vs. denial of problem:							
Activity level / participation:							
Level of motivation and demonstrated respor	nsibility:						
Open & sharing vs. closed & guarded emotion	nal expression:						
Appropriate use & receipt of confrontation / p	ositive feedback:						
Overall expressive stance (self-discipline, sel	f-image):						
Attitude toward & sincerity of program involve	ement:						
Demonstrates positive behavior change / issues resolution:							
Developing & using positive socialization / lei	sure skills:						
Use of support systems (NA / AA, church, oth	ner):						
Development of long-term relapse prevention	/ recidivism plan:						

Res	<u>ident's Name:</u>	Month:			•
	í				
<u>Gen</u>	eral Compliance Leve	<u>1</u> :			: :
	Posilive, demon	strates leadership qu	ualities		
	Satisfactory com	pliance with rules ar	nd regulations		:
	On behavior con	tract to redirect beha	avior		
	Disciplinary staff	ing recently held / to	be held		2
	☐ Noncompliant, p	ossible discharge re	commended		
<u>Over</u>	all Participation and I	Progress:			
	Shows significan	t positive movement	and growth		
	Works hard to re	direct behavior with	steady but sign	nificant progress	
		cepts structure with	•	. •	
		change, limited ther		·	
Discl	harge Notification: Cli	•		ogram on / /	N/A – Inactive Case
	Preliminary assessm	·		ischarged as expected,	
				urces in the following areas (see next s	section)
	— □ NA / AA	Mental Health	☐ YMCA	☐ Educational / Vocational Service	<u> </u>
	Other:				
<u>Comı</u> plans		w ratings, positive ch	emical depend	dency screens, requests for assistance	e, and post-discharge
Case	Manager: Jumar Peter	rson Date: -		Signature: Jumar Peterson (electro	onic signature)
<u>Facili</u>	ty Information:				
	itive Director: Sharon G				
-	cy: Gemeinschaft Home				
Addre	ss:1423 Mt. Clinton Pik				
	Harrisonburg, VA 22	2802			

Resident Name:		TIME:	•	AM PM
		DATE:		
Description of Incident:				
,	-			
				·
				· ·
		,		
· · · · · · · · · · · · · · · · · · ·		•		
	-			
Reporting Party:		. V	ALID II (circle c	NVALÍD me)
Date Communicated to Resident:/		•		
Learning Experience(s):				
•	,			
To Be Completed By:/	,			
This behavior report has been reviewed and le			d by a staff:	member:
(signature)		(date)		
Date Communicated to Resident:/		orting House I	Rep:	
•				
earning Experience Completed/	/ Witrie	ssing Party:_		

□NEGATIVE □POSITIVE □OBSERVATION

## Gemeinschaft Home Property Damage Report

Date of Incident:	Time of incident:		Location/R	m#:	
, .					
Estimated repair time:	Estimated material	cost:	Total repai	r cost:	18.6
			, : :		
What property was dama	ged? (be specific-att	ach ph	otos as need	ed)	
			•		
		•			1.
Who caused the damage?					
,, at success me demage.					
	•				
How was the damaged car	used? (be specific-att	tach ad	d'l documer	itation	as
needed)			<u>;</u>		
			) )		
	,	,			٠.
					\$
	<u></u>		·• · · · · · · · · · · · · · · · · · ·		; 
Who will pay for the cost	of repairs?				· · ·
	·				
Who will do the actual rep	nairs?			:	-
The same are account to	ALL S.				
Form completed by:			•		
- orm completed by.					
Name			Date		

<sup>\*</sup>If injuries occurred, please complete a Serious Incident Report

<sup>\*</sup>If a resident caused the damage, please forward copies of this form to the Program Director for corrective action, and to the Financial Manager for billing as needed.

## VIRGINIA DEPARTMENT OF CORRECTIONS

## RESIDENTIAL PROGRAM TERMINATION REPORT

Participant: Residential Program: Gemeinschaft Home			DOC#:				
Pre Release Host Ins	titution:						
Post Release Probati	on and Parole Dis	trict/DRP:					
Begin Date:			Terminat	ion Date:			
Drug Tests: Negat	ive 🗌 Positive	If Positive	, substances(s):				
Other Evidence of U	se: None						
Observation to Date:	Excellent	Good	Fair	Poor	Improved	Unchanged	
Participation:	-						
Attitude:	deres of the control of		-	Married Marrie			
Motivation/Effort:	<u></u>				_		
Awareness of Problem	m:			···	<del></del>		
Progress to Date:	-			***************************************	<del></del>		
Interventions / Learn	ing Experiences /	Behavior Con	tracts: None.				
Reason for Ter	mination:	**************************************	anny and a second secon				
Signed: Richard H. Yow	rell	Pr	ogram Staff Titl	e: Program Manager	Date:		
	munity Correctio gram File	ons Unit		·			
						Revised: 7/1/07	

## VIRGINIA DEPARTMENT OF CORRECTIONS

## **Residential Program Discharge Summary**

Participant:		DOC #:		
Admission Date:/	Discharge Da	te:/ <u></u> / <u>2</u>		
Home Address: 1				
City:	State:	Zip:		
Telephone:	D.O.B.:/	SSN:		
Place of Employment:				
Supervising Probation and Parole D	istrict/DRP:			
Participation: Excellent, Good, Fair, P	oor, Other			
Attitude: Positive, Cooperative, Resista	nt, Negative, Other			
Motivation/Effort: Exceptions, Above	Average, Average, Below Averag	ge, None Shown		
Awareness of Problem: Full Acceptan	ce of Responsibility, Good, Acce	pting, Blaming, Minimizing, Denial, Other		
Progress Noted: Excellent, Good, Mod	erate, Limited, Poor, Unclear, Ot	her		
Prognosis: Good, Fair, Guarded, Poor,	Other			
Evidence of AOD Use:				
AA/NA Meeting Participation:				
Aftercare Recommendations:  Random/Regular drug testing				
Criminogenic Factors Identified: §				
Triggers Identified:				
Comments: <u>.</u>				
Program: Gemeinschaft Home	CRP [	Self-Pay ☐ Self-Pay TTC ☐		
Richi Yowell Program Staff	Sharron Glick Supervisor	// Date		

Distribution: Program File, Probation and Parole Officer

## Gemeinschaft Resident Exit Interview

1. If yo	ou can do it all over again, what would you do differently?
2. Nam	ne at least 5 things you can take away from this program as you leave?  1. 2. 3.
	4.     5.
	what are some situations that you can perceive that may be a trap or trigger for you as you exit this program?  i
4. Plan	ning: failing to plan, is planning to fail
a.	What's your plan of success after leaving the program? If you deal with substance abuse, what are your plans to stay clean? Will you
	attend group meetings? Go to church? What are you going to do stay free?

Be honest... does this have success written on it?

## GEMEINSCHAFT HOME COUNSELOR CONTACT NOTES

Resident Name: Doe, John

	Resident Name: Doe, John				
5/12/15	R. arrived at Gemeinschaft home, Intake complete.				
	Urine Screen And Breathalizer-R. was screened for Intake; Negative				
5/12/15	Group- Resident attended PM meeting. Topic: Staying on Track-Maintaining Stability				
	Urine Screen And Breathalizer- R. was screened for Quota both negative (-).				
5/13/15	Group- Resident attended PM meeting. Guest Speaker-Bonnie Libassi				
5/14/15	Group- Resident attended AM meeting. Guest Speaker-John Butler				
	Counseling/Contact — Told R. that counselor at prison anticipated problems. R. has a history of facility infractionsconfrontations and conflicts with other inmates. Told R. that such behavior would not be tolerated here and would likely result in a PV. R. understood. Said he intends to put those ways behind him. Got to know a bit about R.'s background and current state of mind. Positive first impression, with guarded concerns. Will monitor. RY				
5/14/15	Group-Resident attended PM meeting. Topic: Gratitude-The Art of Receiving				
5/17/15	Group- Resident attended D-Meeting.				
WE	RM- Resident went on Job Search 0 Times, Pass Time 2 Times and Program				
5/17/15	Business 0 Times				
5/18/15	Group-Resident attended AM meeting. Topic: What Creates Change?				
	<u>Urine Screen And Breathalizer-</u> R. was screened for Quota both negative (-).				
TOTAL	Case Plan/Counseling – R. reports the following personal goals:  1. Home plan development 2. Employment 3. Reconnecting w/family (daughter). 4. Manage anger and be more patient. Discussed these goals at length w/R.				
5/18/15	Group- Resident attended PM meeting. Topic: Commitment to Continuous Learning				
5/19/15	Group- Resident attended AM meeting. "A New Beginning: Adjusting to Life on the Outside"				
5/19/15	<b>Group-</b> Resident attended PM meeting. Topic: Coping With Adversity				
5/20/15	<b>Group-</b> Resident attended AM meeting. Topic: Where do I want to go in life?				
5/20/15	<u>Group-</u> Resident attended PM meeting. Topic: Relapse Prevention-Cross Addictions				
5/21/15	Group- Resident attended AM meeting. Guest Speaker-John Butler				
5/24/15	<u>Group-</u> Resident attended D-Meeting.				
5/25/15	Group- Resident attended AM meeting. Topic: Self-Awareness- Where Do I Come From?				
5/25/15	Group- Resident attended PM meeting. Topic: Relationships-The Art of Forgiving				
WE	RM- Resident went on Job Search 0 Times, Pass Time 2 Times and Program				

5/25/15	Disginger & Times
	Business 0 Times  Crown Perident ettended AM meeting Tania, Who Am 12 (My Identity) Pe
5/26/15	Group- Resident attended AM meeting. Topic: Who Am I? (My Identity) Be
5/06/15	The Man
5/26/15	Group- Resident attended PM meeting. Topic: The States of Change
5/27/15	Group- Resident attended AM meeting. Topic: Making Good Decisions
5/28/15	<b>Group-</b> Resident attended PM meeting. Topic: How Do I Get Where I'm Going?
	(Setting Goals)
5/28/15	<b>Group-</b> Resident attended AM meeting. Topic: Reasons for Relapse
WE	Resident went on Job Search 1 Times, Pass Time 2 Times and Program
5/31/15	Business 1 Times
6/2/15	Group- Resident attended PM meeting. Topic: Respect for self and others.
	<u>Case Plan/Counseling</u> – R. is amenable to date. Attends groups. Actively
	participates. Does chores without prompting. Getting along with other residents.
	Not working yet. No dirty US's. Concerned about home plan. Made initial
	contact with daughter after long pull of incarceration. R. nervous about the future
	of this relationship. Daughter is somewhat standoffish, as one might expect.
	Encouraged R. not to crowd her but to give her spacemaybe only 1 contact per
}	week for a while. R. acknowledged. R. admits to struggling with a range of
	emotions but is also determined to succeed. Praised R. for his honesty and for
6/0/16	struggling valiantly to date. RY.
6/3/15	Group- Resident attended AM meeting. Topic: Resistance to change:
	minimizing, rationalizing, justifying, and blaming
6/3/15	Group- Resident attended PM meeting. Topic: Health of Spirit (believing in
	yourself)
6/4/15	Group- Resident attended AM meeting. Guest Speaker-John Butler
WE	RM-Resident went on Job Search 0 Times, Pass Time 1 Times and Program
6/7/15	Business 1 Times
6/9/15	Observation- R. has been doing extremely well while in the program. R. has
	always been respectful to staff and other residents. R. has been willing to go
	above and beyond what is required of him even assuming the position as
	assistant house leader. R. has been working odd jobs and volunteering. R.
•	commented that "he loves being here" It is staff observation that R. needs the
	space to process and determine who he is as well as processing his life
	experiences. JP
WE	RM- Resident went on Job Search 2 Times, Pass Time 2 Times and Program
6/14/15	Business 1 Times
6/18/15	<u>Urine Screen And Breathalizer-</u> R. was screened for Quota blew .014 on
0110113	Breathalyzer and negative on Urine Screen. Resident went out on pass and went
	to a restaurant. Said he wanted to feel like a man and have a beer. R. reflective
	and remorseful. RY
	Sancton: R. was placed on Grounds for 21 days and removed from house
c to i ti iii	leadership as a result of his positive alcohol screening. RY
6/21/15	RM-Resident went on Job Search 1 Times, Pass Time 0 Times and Program

6/26/15	Observation- R. expressed remorse over his actions and although removed for
	house leadership he continues to help out in the house. JG
	Case Review/Counseling – Met R. this date to review Case Plan and talk more
	about recent relapse. R. communicated stress and frustration, and that decision to
	drink was "spur of the moment". It just crept up on him. R. still not employed
	but was taking house duties and leadership seriously until relapse. R. bitter but
	understanding about being removed from leadership. R. reports positive contact
	with daughter (smiled) and remains hopeful. R. still not sure of home plan.
	Praised R. for his "matter of fact" approach to recent adversities. Encouraged R.
010110	to be a house resource/leader even though he no longer has the actual title. RY.
7/5/15	Urine Screen And Breathalizer-R was screened for Quota both negative(-).
WE	RM-Resident went on Job Search 0 Times, Pass Time 2 Times and Program
7/12/15 WE	Business 0 Times
wе 7/19/15	RM-Resident went on Job Search 0 Times, Pass Time 1 Times and Program Business 1 Times
WE	RM- Resident went on Job Search 0 Times, Pass Time 2 Times and Program
7/26/15	Business 0 Times
7/28/15	Counseling/Contact/Sanction—Resident is not employed but was seen on the
1120113	back porch hanging out when he should've been in PM group. Was warned by
	another staff member about same issue yesterday. R. placed on grounds until
	Monday 8/3. RY
WE	RM- Resident went on Job Search 0 Times, Pass Time 0 Times and Program
8/2/15	Business 1 Times
8/7/15	Case Review/Counseling - R. is doing well. R. was taken off of grounds and is
	actively participating in groups. R is having anxiety about transitioning out of the
į	program. He feels that 90-days is not long enough for him. He feels that he still
	has some growing and self-discovery to do. Exploring options. Referral made to
	CSB. Intake pending. RY
8/8/15	<u>Urine Screen And Breathalizer-</u> R. was screened for Quota; Negative
8/15/15	Note: Resident remains in good standing with program. R. working and making
	positive preparations for life after the GH program, RY

### Rockingham-Harrisonburg Regional Jail Harrisonburg-Rockingham CSB Mental Health Services Pilot Project – 6 Month Summary

### **Summary Starting Point:**

On January 14, 2015, HRCSB began an 18 month pilot to increase mental health services via a licensed therapist and Correctional Officer time in RHRJ of 20 hours per week. This pilot project has been financially supported by the Rockingham County Board of Supervisors and Harrisonburg City Council, in conjunction with Harrisonburg-Rockingham CSB, totaling \$60,000 over an 18 month period.

### **Established Measures of Success:**

- ♦ Thorough screening of inmate mental health needs
- ♦ Individual counseling for identified inmates
- ♦ Quicker access to psychiatric medications

### **Outcomes to Determine Success**

It was determined that screenings / assessments for mental health services should occur at Booking, Medical Services, via the Brief Mental Health Jail Screen, self-referral, and referrals made by RHRJ Correctional Officers.

### **Referral Source**

Booking	25	11%
Self-Referral	121	49%
Jail Staff	31	13%
Medical Services	65	26%
Segregation Evaluations	8	1%

In terms of gender, x3 males were referred to services as females; with 40% of the referrals 35 years old or younger (27% between the ages of 18-25). Those assessed through the pilot position presented with the following primary concerns:

**Primary Issue** 

	Fillially issue	
Primary Issue	Number of persons (with duplication)	Percent to total
Mood Disorder	58	17%
Adjustment Disorder	41	12%
Drug / Alcohol Abuse	127	38%
Thought Disorder	40	12%
Autistic	9	3%
Bipolar	24	6%
Anxiety	39	12%

In July 2015, the Rockingham-Harrisonburg Regional Jail reorganized space to form of a mental health pod. The co-location of inmates with a serious mental illness allows for greater efficiencies for the assessment and evaluation of persons on a more frequent basis. During the week of July 6, 2015, HRCSB started running two groups on this pod offering coping skills and general symptom identification and management. To date, 11 groups have been held with a total of 105 inmates voluntarily participating.

### Rockingham-Harrisonburg Regional Jail Harrisonburg-Rockingham CSB Mental Health Services Pilot Project – 6 Month Summary

<u>Crisis Intervention Team Assessment Center:</u> After significant collaboration amongst community stakeholders, a Crisis Intervention Team Assessment Center will be operational on December 1, 2015. The over-arching intent of this program includes diversion of citizens from jail that may have been better served by mental health services and not detained in the criminal justice system. This includes the exchange of custody from a 'street' law enforcement officer to an officer working on-site at the Sentara RMH Emergency Department. The exchange of custody frees the 'street' officer to return to duty in the community. The hospital-based law enforcement officer, mental health clinician and peer support specialist will work in tandem and address the needs of persons with serious mental illness in an acute mental health crisis.

### Immediate Sanction Probation Pilot Project Overview

### 2012 LEGISLATIVE DIRECTIVE

- The 2012 General Assembly directed the Virginia Criminal Sentencing Commission to implement an immediate sanction probation program in up to four pilot sites (budget bill adopted May 22, 2012).
- The program is designed to target offenders who are violating the rules and conditions of probation but are not yet charged with a new crime (these are often called technical violators).
- The goal is to reduce recidivism and improve compliance with the conditions of probation by applying <u>swift and certain sanctions</u> for each and every violation. Violations have immediate consequences.

### **BACKGROUND**

- Key elements are modeled after Hawaii's Opportunity Probation with Enforcement (HOPE) program.
- A recent federally-funded evaluation of HOPE found a significant reduction in recidivism rates, as well as technical violations and drug use among participants.
- Evaluations of similar programs in other states have reported promising results as well.

### LOGIC BEHIND "SWIFT AND CERTAIN" PUNISHMENT

■ The threat of even a mild punishment imposed reliably and immediately is likely to have a much greater deterrent effect than the threat of a severe punishment that is deferred and uncertain.

### **PILOT SITES**

- Henrico County (November 1, 2012)
- Rockingham/Harrisonburg (Jan. 1, 2014)
- City of Lynchburg (January 1, 2013)
- Arlington County (January 6, 2014)

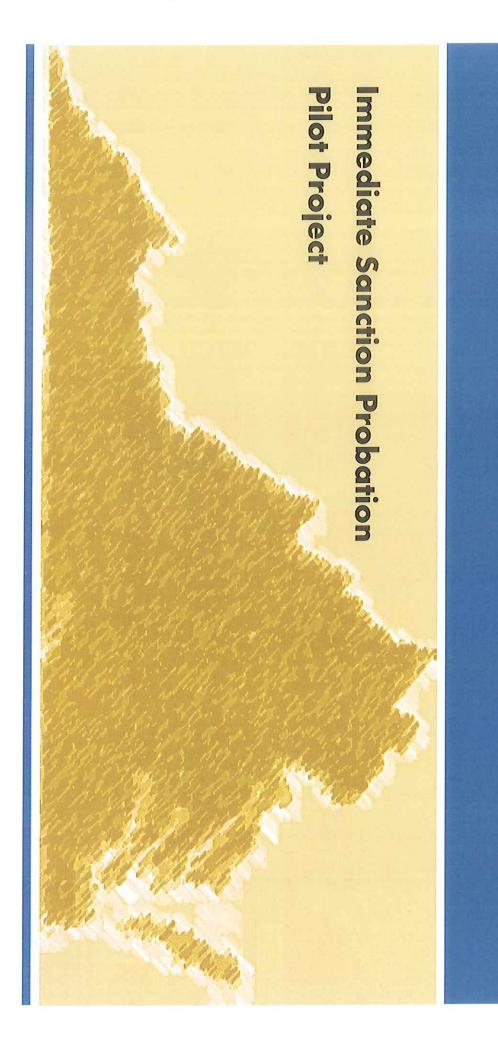
### Immediate Sanction Probation Pilot Project Overview

### KEY ELEMENTS OF VIRGINIA'S PILOT PROGRAM

- Eligible offenders: adult felony offenders on probation for a nonviolent offense who are under supervision in the same jurisdiction where they were sentenced.
- The program's focus is on probationers who are at a higher risk for committing a new offense or having their probation revoked due to multiple technical violations.
- When placing new participants in the program, the judge gives an official warning that probation terms will be strictly enforced from that point forward.
- Program participants are frequently reviewed by the probation officer to ensure that there are no violations. New participants also undergo frequent, unannounced drug testing. The frequency of random drug tests is gradually reduced if the participant continues to test negative.
- Probationers who violate the terms of probation are immediately arrested and brought to jail.
- The court establishes an expedited process for dealing with violations and most violation hearings occur within a few days.
- A public defender or court-appointed attorney represents each participant during expedited hearings.
- For each and every violation, the judge orders a short jail term (usually a few days).
- If drug addiction is suspected, the court may order a full substance abuse assessment and the participant may be referred to substance abuse treatment (as resources permit) or drug court (if available).
- The court may remove a participant from the program at any time; however, he/she must be removed if convicted of a new felony offense.

### **STAKEHOLDERS**

- Judges
- Commonwealth's Attorney and Staff
- Probation Officers
- Public Defender's Office / Court-Appointed Attorneys
- Sheriff's Office and Police Departments
- Clerk of Court and Staff
- Treatment Providers





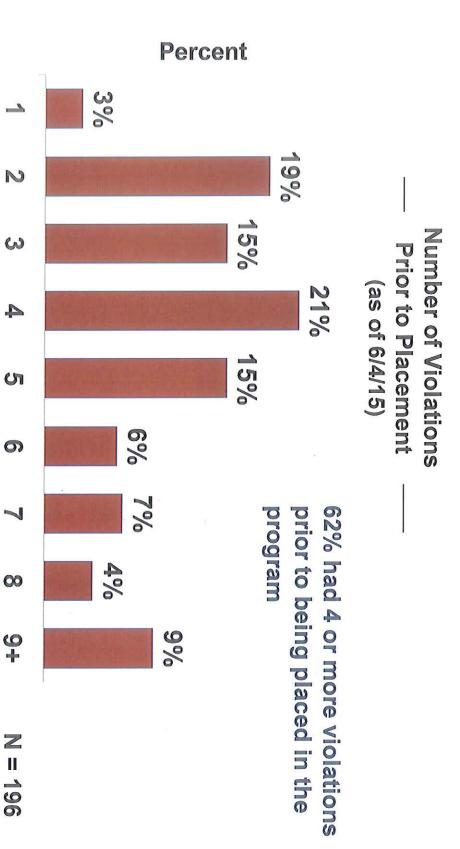
Virginia Criminal Sentencing Commission September 16, 2015

## Pilot Program Participants (as of 6/4/15)

Locality Henrico Lynchburg Harrisonburg/ Rockingham	# of Current Participants (as of 6/4/15)  31  26	Participants Removed 26 13	Participants Removed Completions 26 8 13 20 13 3	# of Participants who have Violated 49 42
	İ	į	1	ř
ham	ა 9	13	ယ	39
Arlington	ಪ	4	0	ဖ
Total	109	56	31	139



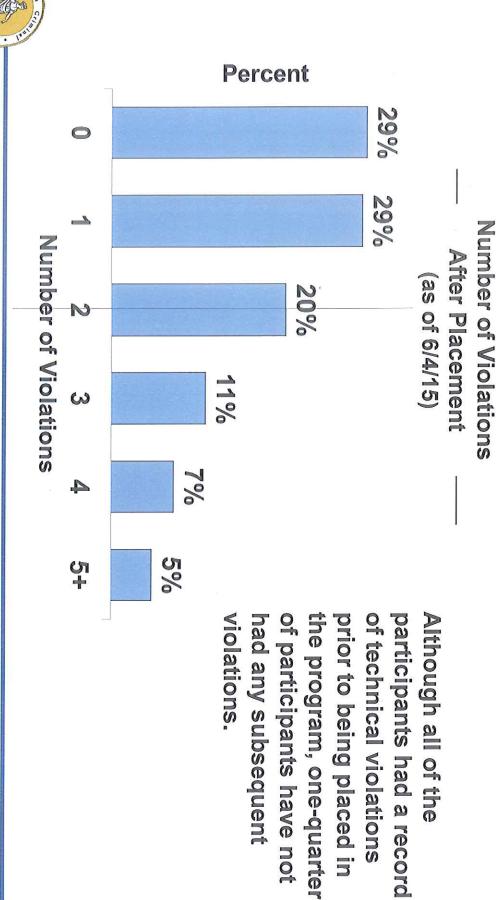
### Pilot Program Participants





Number of Violations

### **Pilot Program Violations**



### Measures of Swiftness

	Henrico	Lynchburg	Henrico Lynchburg Rockingham Arlington	Arlington	Total
Percent of violation hearings held w/in 3 days 53.6% of violation	53.6%	37.9%	53.4%	57.1%	50.0%
Avg. time between violation and hearing	3 days	4.5 days	3 days	3 days 3.5 days	3.5 days
Avg. time between violation and arrest	1 day	1 day	<1 day	<1 day <1 day	<1 day
Avg. time between arrest and hearing	1 day	2 days	2 days	2 days 2 days	2 days
Avg. time between arrest and hearing – <i>business</i> days	1 day	1 day	2 days	2 days	2 days
Number of Violations	© 4	58	87	14	243



# **Consequences for Program Violations**

Program Violation	Mandatory Incarceration
1 <sup>st</sup> violation	3-7 days
2 <sup>nd</sup> violation	5-10 days
3 <sup>rd</sup> violation	7-14 days
4 <sup>th</sup> violation	10-20 days
5 <sup>th</sup> violation	15-25 days
6 <sup>th</sup> violation or subsequent	20-30 days

After repeated positive drug tests or missed appointments, the court may order a full substance abuse assessment.

If addicted, the defendant may be required to complete substance abuse treatment (if suitable) or drug court (if available).



# Measures of Certainty and Sanctions Imposed

	Henrico	Lynchburg I	Lynchburg Rockingham Arlington	Arlington	Total
Violations Resulting in a Jail Term	100%	100%	100%	100%	100%
Avg. length of sentence for 1st Viol.	4 days	3 days	5 days	3 days	4 days
Avg. length of sentence for 2nd Viol.	7 days	5 days	7 days	10 days	7 days
Avg. length of sentence for 3rd Viol.	13 days	8.5 days	13 days	10 days*	10 days
Avg. length of sentence for 4th Viol.	20 days	12.5 days	16 days	N/A	17 days
Avg. length of sentence for 5th Viol.	20 days*	20 days*	21.5 days	N/A	20 days

\* Represents 1 case

## Pilot Program Completions

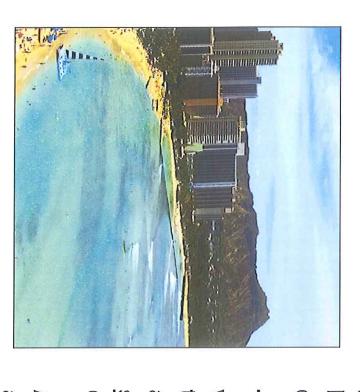
	Completions	Violation-Free for	Removed from Supervised
Henrico	∞	<b>6</b> 00	<b>©</b>
Lynchburg	20	16	20
Rockingham	မ	ယ	
Total	<u>ა</u>	27	29







# Model for Virginia's Pilot Program



Hawaii's Opportunity Probation with Enforcement (HOPE) program was established in 2004 by Judge Steven Alm.

The goal of HOPE is to improve compliance with the conditions of probation and reduce the likelihood of new criminal offenses by applying swift and certain, but moderate, sanctions for each violation of supervision conditions.

A federally-funded evaluation of HOPE found a significant reduction in recidivism rates, as well as technical violations and drug use among participants.



### Logic behind HOPE

- Classical deterrence theory posits that the threat than the threat of a severe punishment that is immediately has a much greater deterrent effect of a mild punishment imposed reliably and delayed and uncertain.
- Learning theory suggests that behaviors are because of the consequences he experiences). over time (that is, a person changes his behavior learned by the reinforcement of consequences
- Consequences have to be immediate (clearly linked to the behavior) to be effective.



### **HOPE Program Formula**

- Higher-risk probationers (those who are at risk for recidivating and/or failing probation) are identified.
- swift and certain consequences. formal warning in court that any violations will have Once placed in the program, a probationer receives a
- arrested immediately. When a violation is detected, the probationer is
- 72 hours). Violation hearings are held swiftly (usually within
- Judge imposes a brief, but certain, jail sentence for noncompliance
- that they need them. request them or who demonstrate, by their behavior, Treatment services are provided for participants who



### Key Stakeholders



- Commonwealth's Attorneys and Staff
- Probation Officers
- Defense Attorneys
- Sheriff's Office and Police Department
- Clerk of Court and Staff
- Treatment professionals



### **Evaluation of HOPE Program**

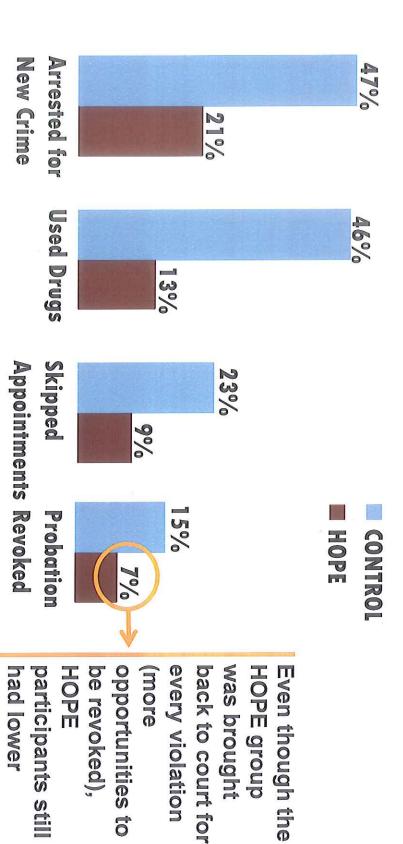
- Pepperdine University, with funding from the National HOPE (published December, 2009) Institute of Justice, conducted an evaluation of Project
- Evaluation design employed a random assignment of 493 high-risk probationers:

330 (two-thirds) were placed into Project HOPE 163 (one-third) were placed into regular probation



### **HOPE Evaluation Outcomes**

### HOPE Program Outcomes (One Year Follow-up)



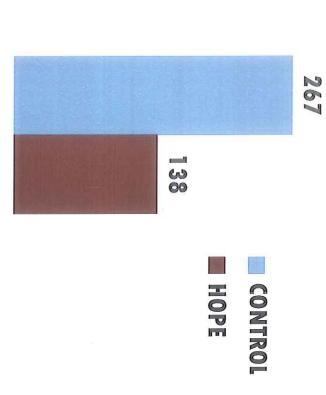


Certain Sanctions: Evaluating Hawaii's HOPE. www.ncjrs.govpdffiles1/nij/grants/229023.pdf Source: Hawken, A. & Kleiman, M. (2009). Managing Drug Involved Probationers with Swift and

revocation rate

### **HOPE Evaluation Outcomes**

### HOPE Program Outcomes (One Year Follow-up)



Avg. # of Incarceration Days (Sentenced)

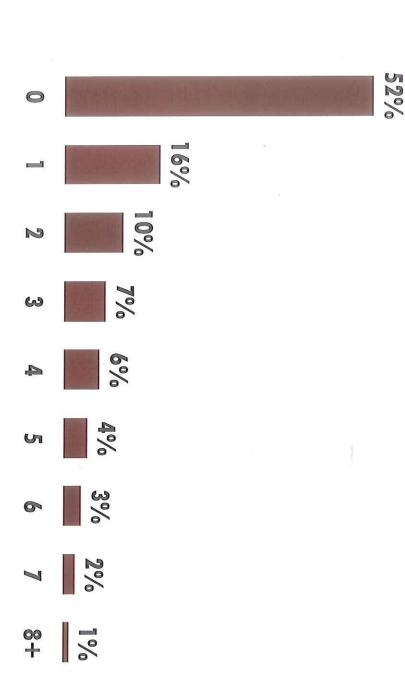
A separate study found that, on average, HOPE participants and a control group served about the same amount of time in jail for violations (approx. 20 days).

However, the average prison sentence was significantly lower for HOPE participants.



### **HOPE Evaluation Outcomes**

## **HOPE** Program Outcomes Number of Positive Urinalyses or Missed Appts. for HOPE Participants in 12 mos.





### Key Components of the Warning Hearing **HOPE Evaluation Outcomes -**

# As part of the warning hearing, the judge:

- life and accepting responsibility for his actions Stresses the importance of the probationer taking charge of his
- creates a perception of fairness on the part of the probationer Clearly lays out the consequences for violation in advance, which
- the probationer succeed Expresses goodwill toward the probationer and the desire that

# These ideas are frequently reiterated at violation hearings, which reinforces:

- The belief that one's own choices (rather than the PO's or the judge's) are closely related to the consequences, and
- The belief in one's ability to change one's life
- Both of these beliefs are strong predictors of behavioral change



## Other Key Components of the Warning and Violation Hearings **HOPE Evaluation Outcomes –**

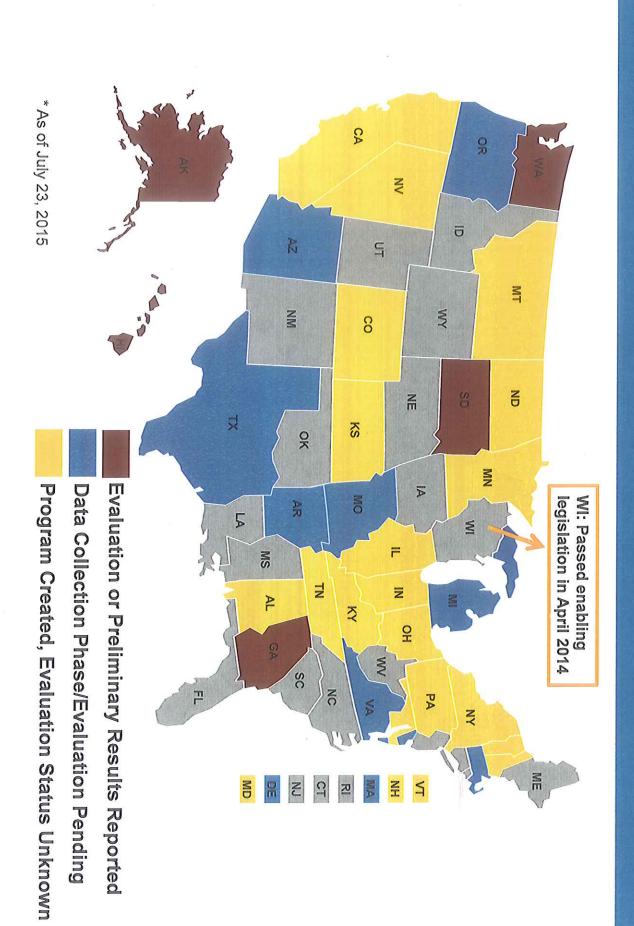
# Other key factors described in Hawaii's evaluation:

- seriousness of the matter Presence of prosecution and defense is key to reinforcing perception of fairness and emphasizing the
- Attorneys are also important in Virginia expedited hearing and the judge's ability to remove an offender at any time because of the statutory ability to object to an
- released from incarceration following a violation. The probation officer reinforces the message expressed by the court after the probationer is





# States with Similar Swift and Certain Sanction Programs\*



# Research on Swift and Certain Sanction Programs

- Growing body of research on HOPE-style supervision:
- Anchorage Probation Accountability with Certain Enforcement (PACE)
- South Dakota 24/7 Sobriety Project
- Washington Intensive Supervision Program (WISP)

Georgia Probation Options Management (POM) Program

- 4 Federal Demonstration Field Experiment Sites
- Clackamas County, Oregon
- Essex County, Massachusetts
- Saline County, Arkansas; and
- Tarrant County, Texas





meredith.farrar-owens@vcsc.virginia.gov Meredith Farrar-Owens

Joanna Laws joanna.laws@vcsc.virginia.gov Virginia Criminal Sentencing Commission

804,225,4398

www.vcsc.virginia.gov



### City of Harrisonburg, Virginia

Office of the City Manager 345 South Main Street Post Office Box 20031 Harrisonburg, VA 22801 (540) 432-7701 / Fax (540) 432-7778

Kurt D. Hodgen City Manager

### **MEMORANDUM**

TO:

Anne Marie Freeman, Director of Court Services

FROM:

Kurt D. Hodgen, City Manager

DATE:

September 15, 2015

RE:

CCJB Agenda Item - CAD/Data System Replacement

As you know, the referenced project needs to move forward as the existing systems are at the point of obsolescence and will no longer be maintained by the vendor. Joe and I are going to request the Board and Council to authorize the creation of a work group to prepare an RFP and recommend a consultant to assist us in the replacement of the system. The proposed scope of work for the consultant is to lead the preparation of an RFP for system replacement, with an issue date of no later than July 1, 2016, and looking to award a contract for the software no later than the end of December 2016. It is anticipated that it will take 18 - 24 months to convert to the new system.

The overall schedule has a completion target of December 2018, which is within the window that our current vendor, has given us until their system support ends. The system implementation process will likely be in stages, with the stages depending on how many unique packages are incorporated into the system. While we have no solid estimates for the cost to replace the system, it will likely be in the \$2M to \$4M range.

Recommendations for the work group include:

ECC -

Director (Chair)

County -

Fire & Rescue Chief, IT Director Fire Chief, Police Chief, IT Director

City -

Joint County/City - Court Services Director, Sheriff, Jail Captain

JMU -

Police Chief, Technology VP

We would like to get the CCJB's endorsement for this project and approach at the September 21 meeting.

The following is a report of the services and programs available at the Rockingham-Harrisonburg Regional Jail.

### o Work Release Program

(this program is available through the Middle River Regional Jail – IF the court(s) approve the inmate and the inmate meets the guidelines as set by the Middle River Regional Jail)

- o Trusty Program
- o Inmate Work Crew

(this is part of the Trusty Program where approved inmates work at the Harrisonburg Recycling Center)

- o Alcoholics Anonymous
- Drug Counseling Classes
- Jail Library
- Special Education (previous IEP 18-21)

(Harrisonburg City Schools)

Literacy Class / GED Testing

(Massanutten Technical Center)

o Bible Study

(English and Spanish)

Church Services

(Male Inmates - Sunday evening)

(Female Inmates - Monday evening)

- Community Services Board Counseling
- o Inmate Keep Fee Program

(this program does NOT apply to Federal or Immigration \*ICE inmates)

Reentry Program (workshops and empowerment)

### Rockingham-Harrisonburg Regional Jail (RHRJ) Mental Health Services ~ Current and Future Harrisonburg-Rockingham CSB

## **Current Mental Health Services Provided in RHRJ**

Service	CSB Personnel	Description	Frequency
Medication Prescribing	Physician or Psychiatric	A CSB medical professional evaluates inmate mental	3 hours/week
	Nurse Practitioner (PNP)	health needs and prescribes psychiatric medications	
		as indicated	
Continuity of Care	Case Manager	A CSB mental health professional meets with inmates	5-6 hours/week
		who were previously receiving Case Management and	
		Medication Management services from CSB to ensure	
		continuity in the jail	
Release Planning	Case Manager	A CSB mental health professional coordinates follow-	5-6 hours/week
		up plans and appointments for all inmates who will	
en de de decembra de la companya de		require continued services with CSB after release	
Screening Inmate Requests	Licensed Therapist	All inmates have the right to request to speak to a	3 hours/week
for Mental Health Services		mental health professional regarding available	
		services. Inmates receive a clinical assessment to	
		determine what CSB Services are indicated while	
delen meller i de la constante	- Administrative	incarcerated.	
Mental Health Groups	Mental Health Professional	Mental health groups are offered for both men and	2 hours/week
ten e e e e e e e e e e e e e e e e e e	TO THE PROPERTY OF THE PROPERT	women	
Emergency Services	Certified Examiner	Emergency mental health assessments are available	As needed
		24/7. These assessments are required before an	
		inmate may be transferred to Western State Hospital	
A TAXABLE AND A		for emergency treatment	

### **Current Initiatives Supported by CSB**

THE PROPERTY OF THE PROPERTY O	The state of the s		
Crisis Intervention Team	Mental Health Staff	CIT Training is evidence-based mental health training	40 hours training
(CIT) Training		model provided to criminal justice professionals and	class (offered
		supports jail diversion efforts	quarterly)
Jail Staff Training	Mental Health Staff	Mental health training provided to jail staff	Upon request

# Proposed 18 Month Pilot to Increase Services in RHRJ January 2015 - June 2016

		i oposed to month i not to merease services in thinks saildary 2013 - June 2010	
Service	CSB Personnel	Description	Frequency
Mental Health Screenings	Licensed Therapist	Assist with and/or review new inmate screenings for	
The state of the s		serious mental health treatment needs	
Supportive Counseling	Licensed Therapist	Provide supportive mental health counseling to	~20-30
		individual inmates	hours/week
Screening Inmate Requests	Licensed Therapist	Improve timeliness of mental health clinical	
for Mental Health Services		assessments	
Security	RHRJ Correctional Officer	Officer will escort CSB staff and/or inmates through jail ~20 hours/week	~20 hours/week
		and ensure safety and security; increase in hours	
- After a delication of the second	The state of the s	Annual Control of the	
Pilot Outcomes.			

### TIO CARCOLLES

- Thorough screening of inmate mental health needs
  - Individual counseling for identified inmates
- Quicker access to psychiatric medications (Note: additional physician/PNP time could be required)
  - Data collected will measure Pilot's effectiveness and may support on-going funding request

### Future Jail Diversion Options

Crisis Response Team: As an extension of the CIT Training, a 3-person team of law enforcement, first responders, and CSB staff could respond to mental health calls in the community for expedited assessment and diversion from jail and/or the hospital emergency department when appropriate. This team could be operational on weekend evenings/nights.

### Jail Services

In January, CSB started increasing the mental health services provided in the jail by 20 hours per week. Both the health services in the Rockingham-Harrisonburg Regional Jail. This brings the clinical presence in the jail to 5 through a financial commitment to augment HRCSB conducting an 18-month pilot project that bolsters mental days per week utilizing 4 people in various roles. The concentrated efforts for this new position will focus on Rockingham County Board of Supervisors and the Harrisonburg City Council are supporting these efforts assessment, stabilization, and referral; in addition to enhanced data collection for those served.

### Rockingham Harrisonburg Regional Jail ADP

	RHRJ	MRRJ	Total		RHRJ	MRRJ	Total
Jan-15	341.90	89.00	430.90	Jan-14	352.77	80.68	433.45
Feb-15	332.14	94.00	426.14	Feb-14	356.46	91.68	448.14
Mar-15	323.48	97.00	420.48	Mar-14	354.26	97.00	451.26
Apr-15	323.23	95.53	418.76	Apr-14	348.73	113.00	461.73
May-15	321.52	109.00	430.52	May-14	348.03	118.00	466.03
Jun-15	293.77	129.00	422.77	Jun-14	341.10	109.00	450.10
Jul-15	282.61	157.00	439.61	Jul-14	346.16	104.00	450.16
Aug-15	291.42	157.50	448.92	Aug-14	338.90	109.94	448.84
				Sep-14	338.37	101.00	439.37
				Oct-14	337.58	84.55	422.13
				Nov-14	342.93	88.00	430.93
				Dec-14	333.29	86.00	419.29

### MRRJ CLASSES/PROGRAMMING

EDUCATION - GED class. Available for both males and females.

FAITH - Males have three classes. Females have two classes.

<u>ADDICTIONS-</u> Males have three programs – AA meetings, NA meetings, Celebrate Recovery. Females have two programs – AA meetings, NA meetings.

<u>CHAPLAIN VISITS</u> - Males and females can request to see a chaplain who comes to meet with those who request.

<u>VISITATION PROGRAM</u> - Females have a group called Friends Visiting Friends designed for those who don't receive many visits. These are one-on-one visits and the facilitators will follow up post-release if requested. Meets first Monday of each month.

### RE-ENTRY TYPE PROGRAMS -

Wings of Angels is a local group who meets with women to discuss women's issues and with the intent of following up post-release. This group comes to the jail, but their community program is separate from MRRJ.

R'ham/H'burg/Page – We have had a person from District 39 coming to MRRJ since January to meet specifically with the inmates from these areas to discuss services in their communities. This group includes both Felonies and Misdemeanors. First Wednesday of each month.

Staunton/Waynesboro/Augusta – Blue Ridge Court Services comes in to meet with inmates from these areas to coordinate services in their communities. This group also includes both Felonies and Misdemeanors. Second Wednesday of each month.

District 12 P & P - This group is for Felonies only but is for all jurisdictions. Discusses 11 general conditions that all individuals have to follow, plus answers individual questions that participants may have. Meets 3<sup>rd</sup> Wednesday of every other month.

Court Services Unit Update

Total number under Probation supervision as of September 15, 2015 - 431 offenders

Total number under Pretrial Supervision as of September 15, 2015 - 207 defendants

Pretrial services agencies provide information and investigative services to judicial officers to help them decide whether persons charged with certain offenses and awaiting trial need to be held in jail or can be released to their communities subject to supervision. Pretrial is an alternative to incarceration. Virginia pretrial agencies currently use and objective and research-based risk assessment to assess risk of flight and danger to the community posed by pretrial defendants. This assessment is known as the VPRIA. One of the issues we are currently evaluating is how bond is determined. This evaluation began a dialogue with the magistrates, commonwealth attorney, law enforcement and judges is to provide better information on defendants awaiting trial. After looking at a snapshot of a day in the jail, it was determined that a new position was needed to improve the evaluation process. The City and County funded a new position – a Pretrial Evaluator to concentrate on individuals awaiting trial. This person will begin work on October 1st. During this snapshot, it was determined that the current staffing level allowed Court Services to evaluate twenty-four defendants. The results of those evaluations were: ten persons were high risk, seven above average, seven - average. Those not investigated where being held for the following reasons as follows: ten - debilitated due to drugs/alcohol/medical conditions, three - behavior not conducive to interview, six- refused, ten - pretrial violation, forty-five - probation violation, seven - segregation, five - no interpreter, twenty-seven - other (detainers, bond revocation, circuit court, FTA, court hold, extradition to name a few). The goal of the new position is to significantly reduce the number of persons that do not have an assessment, which will improve the ability of the judicial officers to determine which persons are an acceptable risk to release in the community.

Electronic Monitoring – article attached for additional information

As of September 15, 2015

GPS - 16 \$6.00 per day

Curfew - 5 \$6.00 per day for cellular service, \$3.00 per day for landline

Work Program - Litter Control Program

Since July 1, 2015 a total of 565 bags of trash have been collected. In addition to keeping the roads clean in Rockingham County the work program also performs various jobs at county locations to include: County Administration Building, Social Services, Landfill, Bluehole, Central School Office, Plains Community Center, Rockingham Regional Jail, Shooting Range, Bergton Community Center, Plains District Daycare, and various other facilities tasks to include – car washing, grass cutting, weed pulling, tree trimming, general clean up, moving, etc.

Crisis Intervention Team - August 2013

Total number of trained personnel from Rockingham County Sheriff's Office - 31 (2), Harrisonburg Police Department - 36 (8), James Madison University Police Department - 20 (3), Timberville Police Department - 3, Broadway Police Department - 4, Bridgewater Police Department - 2, Virginia State Police - 7, EMU Public Safety - 1 and Norfolk Police Department - 3 Rockingham Harrisonburg Regional Jail - 15 (4), Magistrates (1), Community Services Board - 4 (3), Rockingham-Harrisonburg Court Services Unit - (1), Emergency Communications Center - 37 (2)

Number of instructors who attended the train the trainer to help facilitate the 40 hour basic trainings – 23

RE –Entry Council – the approved minutes from the April 9, 2015 Quarterly Meeting Classes currently being held at the Rockingham Harrisonburg Regional Jail on a rotating schedule on Thursday afternoons to include:

Bank and Money Management

Employment

Parenting

Women's Group

Anger Management

A re-entry class is also held on two Wednesday afternoons a month to inform inmates of services that are available in our community when they are released.

A collaboration with James Madison University - Fall Semester 2015 PUAD 607 Policy Analysis Class

MPA students in Dr. Peaslee's class are required to complete an applied policy analysis for a community partner. This semester, half the class will be addressing criminal justice problems and policy responses to alleviate jail overcrowding in the Harrisonburg-Rockingham area.

Students will work in pairs to examine three criminal justice issues:

- 1) deterrence for young adults (18-26 year olds)
- 2) recidivism reduction for adult offenders
- 3) the feasibility of establishing a Day Reporting Center

Students will define the problem, identify policy alternatives, establish evaluative criteria, compare policy outcomes, and make recommendations to the clients about preferred policies as well as future data collection and evaluation.

### Electronic monitoring rarely an option for defendants in Charlottesville area

Updated 8 months ago

Last year, the city of Staunton saved nearly \$200,000 by allowing some defendants to await trial at home with electronic monitors, rather than in jail. Augusta County saved nearly \$85,000. In Charlottesville and Albemarle County, however, that's rarely an option.

These carefully selected defendants were able to keep their jobs and their homes, and access treatments, such as for substance abuse, in turn making them less likely to reoffend.

Offender Aid and Restoration-Jefferson Area Community Corrections doesn't offer pretrial home electronic monitoring. Executive Director Pat Smith said some judges have asked about it and it's "not totally off the table," it's "just not a priority."

On the rare instances when a judge in Charlottesville determines someone is a good candidate, they work with Blue Ridge Court Services in Staunton. For their relative freedom, defendants pay \$15 a day, said Dave Pastors, director of Blue Ridge.

At the Albemarle-Charlottesville Regional Jail, it costs the county or city about \$69 a day to keep an inmate, jail Superintendent Martin Kumer said. The cost can be even higher if the inmate needs medical attention.

"I'm an advocate for it — huge advocate for it," Kumer said of pre-trial electronic monitoring. "It saves taxpayers money. It saves the jail money — in more ways than you can think," citing expenses for food as an example.

But that \$15 a day cost to the defendant is what stops many of them from requesting pretrial monitoring, said city Commonwealth's Attorney Dave Chapman. In Charlottesville, he estimates there are fewer than five cases a year where it's approved.

Defendants whom judges approve for home electronic monitoring usually wouldn't be let out on bond without supervision. But it's "extremely rare" for the defendant to also have to pay a monetary bond in addition to monitoring, Chapman said.

"It's usually beyond the reach of most people who have come before our court," Chapman said. "I think that contributes very significantly to the frequency it's used."

Over the mountain, Blue Ridge Court Services monitored 60 defendants electronically in 2014 — 28 from Staunton, 15 from Augusta, four from Waynesboro and 13 from neighboring jurisdictions, Pastors said.

Pastors said pre-trial monitoring is often used with defendants who need frequent access to medical care, such as women in late stages of pregnancy and those who are undergoing dialysis.

"We're not going to recommend putting people out in the community that we're concerned are going to commit more serious crimes," Austin said.

Austin says his success rate is about 90 percent.

Both Staunton and Manassas usually use ankle bracelets with devices about the size of a cellphone that look like walkie-talkies. The devices can sense when it's separated from the ankle bracelet and alert court services.

Staunton also is on the list for new monitors from their providers, Corrisoft, that are tracked via an Android smartphone provided to defendants. The agency can control what the defendant can access on the phone.

"The agency that we deliver our devices to can completely control it from a standpoint of no Internet, [or the defendant] can only call their probation officer," Corrisoft President Bill Johnson said. "It can be graduated sanctions up to where [the Internet is] open — maybe engaged in job searches, engaged in communication with friends and family for support."

The monitoring allows court services precise knowledge of where the defendant is at all times.

"If they're in an automobile, we can tell how fast the car is going," Pastors said. "If they stop at a stoplight, we can tell exactly how long they were at the stoplight. Home electronic monitoring is set up to notify us the minute they leave the perimeter of their home ... we can set it up to notify us if they're within 1,000 feet of [a] victim's home."

Pastors said distance hasn't been an issue when working with Charlottesville and Albemarle County, as some clients within his jurisdiction live even farther away. The initial setup and home-check are the only times they generally have to come out.

"The nice thing about home electronic monitoring equipment is that whether they're a mile down the road from us or 30 miles down the road from us, all this is through a Webbased system where we can pull up information at any time," Pastors said.

In Manassas, Austin said people in his office make home visits up to three times a week to "get a feel for what's going on with the defendant." They also refer defendants to services that they may need, such as for those for substance abuse issues or mental illness.

"We ride the fine line between social worker and police officer," he said.

Most defendants are not allowed to leave their houses except for work, treatment and medical appointments, Pastors said.

"It's just like you're in jail, so they're not allowed to drink alcohol, use drugs and things of that nature — we do regular urine screens and Breathalyzers," he said.

Minutes HRP Reentry Full Council Meeting 4/9/15 4:00 pm

### Members present:

Kay Sears (RCSO), Wendy Baber (DJJ), Patt Senor (HMDC), Ruth Jost (volunteer), Sigi Chabrier (OCP), Darrell Simpson (DCSE), Robert Flory (R-ham Resident), Elizabeth Bouldin-Clopton (VWFC), Chad Logan (CAO), AnnMarie Freeman (CSU), Stephen King (RC), Heather Scheuerman (JMU), Harvey Yoder (FLRC), Donna Muncy (DOC), Darrell Estes CCC), Robert Martin (CCC), Pat Koontz (Page Co DSS), Bobby Bush (Future Gen.), Nicky Fadley (Future Gen.), Richard Jackson (Kingsway), Don Driver (HR DSS), Joshua Lutz (D39 P&P), Bonnie Libassi (Career Conn.), Karin Dewan (D39 P&P)

Minutes compiled by Karin Dewan.

- 1. Introductions made
- 2. Minutes from last meeting approved
- 3. Committee Reports

### a. Action Committee

Don Driver reports the group meets monthly every first Tuesday of the month at 8:30 a.m. in the basement conference room of the DSS building. One of the larger issues the group is focusing on is the collection of data to figure recidivism rates. Stephen King reports they too are struggling with this in order for any organization for grant application purposes. They are losing DAYPRO in 5 years and this information is needed to solicit a new vendor. They did budget in a Data Analyst Position and have been in communication with such states as Texas and Illinois to model or get ideas for software to track recidivism. It was suggested to contact Kurt Boshart with HPD as they collect data on arrests.

Ruth Jost reports in communications with herself, Joe Paxton, and Sherriff Hutcherson that inmates are released daily at 10 a.m. and if there is anyone who would want to seek out individuals who need assistance in reentry they could meet them there at the jail at that point.

### b. Pre-Release

Workshops continue to operate every Thursday in rotation. Some groups are more participative and interactive than others.

Cara Moubray and Karin Dewan have begun teaching the reentry class at Middle River Regional Jail every first Wednesday of the month to Rockingham and Page County inmates within a month or two of release. Tim Brazill has scaled back his reentry classes from every Wednesday to every other Wednesday.

### c. Post-Release Committee

Karin Dewan reports that the support group has resumed convening every first and third Wednesday at Gemeinschaft Home. An optional hot dinner will be served at 4 p.m. followed by the support group

which meets in the Bender Building behind the house at 5 p.m. Richard Jackson reported as facilitator of this group their first meeting proved successful and he stayed for an hour afterwards to counsel a few other residents. Although only Gemeinschaft residents were in attendance, D-39 and Court Services has been advertising this group at their respective offices.

There was some discussion about dealing with the overwhelming challenges offenders being released face. They have numerous obligations, appointments, and societal needs to fulfill upon release. Future groups can hopefully stem off from this but at this time there does not appear to be an overwhelming show of voluntary participants in this group.

Karin further reported that the exploration of a 5K is in the works as a fundraising base for the council to assist offenders in emergent need. Elizabeth Bouldin-Clopton advised her leadership team has raised a large amount of money for Open Doors and perhaps the council could seek their assistance in fundraising.

### d. Family Support Committee

Don reports the group has been meeting monthly discussing various ideas. At their last meeting two individuals from PO Knott's caseload came in and spoke to the group regarding their issues. The female has been in and out of the system and her children are now following suit in the cycle. The man has been in and out of the system and is now working with DRS. They both discussed issues with jobs and housing, but the group did not get into the relationship pieces of their issues.

### e. Public Relations Committee nothing to report

### f. Unnamed Committee

Although Don and Ruth are in the process of establishing this group, Ruth advised two things. She met with CWA Garst and now plea agreements are being modified for work release. Chad Logan reports they have to fit non-violent criteria and the CWA has input in the recommendation to the courts but the judges have the final decision. She also inquired as to restricted operator's license, but as that is in the state code this group cannot address legislative matters. Harvey Yoder reports after speaking with Richi Yowell at Gemeinschaft, they're in progress into establishing a pilot Day Reporting Program, with a start date in July.

### 4. Other

Don reports he has been working with Michael Wong and Ellen Harrison on a proposal to assist frequent recidivists with housing (by passing Section 8 restrictions on felons). They are also working to fund a case manager position to establish an assessment tool. He also introduced the new CRC forms. Corrections should be emailed to Janae.detwiller@dss.virginia.gov.

Pat Koontz reports in coordination with Sherriff Thomas in Page County they have a pseudo reentry group that meets Thursday night at 7 p.m. She also reports their jail needs expansion and/or further contracting out to Middle River or Rappahannock Jails.

Meeting adjourned. Next Full Council meeting July 9, 2015 at 4 p.m.